

ACHIEVEMENTS OF PUNJAB POLICE HANDBALL TEAM

1994

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| 1.Senior National Handball Championship-Jammu | 3rd |
| 2.3rd National Games-Pune | 1st |
| 3.Balwinder Singh Memorial All India Handball Tournament-Jammu | 1st |

1995

The following players of Punjab Police Participated in Common Wealth Handball Championship-Cochin and team won Silver Medal.

- 1.SI Satwinderpal Singh
- 2.ASI Sanjeev Kumar
- 3.HC Raghu Kumar
- 4.HC Raman Kumar
- 5.HC Jaswant Singh.
- 6.HC Raja Rao.
- 7.CT Jagdeep Singh
- 8.CT Kulwinder Singh

1996

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| 1.S.Balwinder Singh Memorial All India Handball Tournament-Jammu | 1st |
| 2.Senior Punjab State Handball Championship held at Sunaam | 1st |
- The following Players participated in the South Asian Handball Championship at Jaipur & team won the Gold Medal.

1. SI Satwinderpal Singh
2. HC Raghu Kumar
3. HC Raja Rao.
4. HC Jaswant Singh.

1997

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| 1.XLVI All India Police Games-Jalandhar | 1st |
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- 2.The undermentioned Punjab Police Handball Players represented Punjab State Handball Team in 4th National Games held at Bangalore and Team secured 2nd position
- 1.SI.Satwinderpal Singh
 - 2.ASI.Raman Kumar
 - 3.ASI.Raghu Kumar
 - 4.HC.Jagdeep Singh
 - 5.HC.Raja Rao
 - 6.HC.Sanjiv Kumar
 - 7.HC.Rajnish Kumar
 - 8.CT.Jaswant Singh
 - 9.CT.Karamjit Singh
 - 10.CT.Jaskaran Singh
 - 11.CT.Pawan Kumar
 - 12.CT.Lashman Singh
 - 13.CT.Kulwinder Singh

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| 3.Senior Punjab State Handball Championship-Ropar | 1st |
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1998

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| 1.47th All India Police Games-Hyderabad | 1st |
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1999

1. The undermentioned Punjab Police Handball Players represented Punjab State Handball Team in 5th National Games held at Imphal Manipur and Team secured 2nd position
 - 1.SI.Satwinderpal Singh
 - 2.ASI.Raman Kumar
 - 3.ASI.Raghu Kumar
 - 4.HC.Raja Rao
 - 5.HC.Rajnish Kumar
 - 6.CT.Karamjit Singh
 - 7.CT.Jaskaran Singh
 - 8.CT.Pawan Kumar
 - 9.CT.Kulwinder Singh (Sr)
 - 10.CT.Kulwinder Singh (Jr)
 - 11.CT.Baljit Singh

- 2.All India Police Games-Pune 1st
2000
- =====
 - 1.The undermentioned Punjab Police Handball Players represented Punjab State Handball Team in 27th Junior National Championship held at Ludhiana and Team secured 1st position
 - 1.C-II Baljit Singh
 - 2.C-II Kulwinder Singh
 - 3.C-II Naveen Kumar

 2. Steel Trophy Handball Team Tisco-Burnpur(West Bengal) from 3rd
31 March to 2 April

 3. Inter Zone Handball Championship-Pondicherry from 1st
21st to 23rd April

 4. The undermentioned Punjab Police Handball Player represented South Asian Handball Championship-Dhaka(Bangladesh) from 27th April to 2nd May.Indian Team Won the Gold Medal
 - 1.SI.Satwinderpal Singh

 - 5.All India Police Game-Dharamsala from 29th May 3rd
to 3rd June.
- 2001
- =====
 - 1.Senior National Handball Championship held at Bhallai 3rd
from 24th to 28th Jan.

 - 2.Ashok Memorial Invitation Tournament held at Cochin 2nd
from 1st June to 6th June.

 - 3.Federation Cup held at Haldwani from 21th to 26th June. 1st

 - 4.All India Police Game held at Bhopal from 8th to 13th Oct. 3rd

 - 5.The undermentioned Punjab Police Handball Players represented Punjab State Handball Team in 31th National Games held at Punjab

and Team secured 1st position from 19th Nov.1st Dec.

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- 1.SI.Satvinderpal Singh
 - 2.ASI.Raghu Kumar
 - 3.ASI.Raman Kumar
 - 4.HC.Jaskaran Singh
 - 5.HC.Kulwinder Singh (Sr)
 - 6.HC.Kamaljit Singh
 - 7.HC.Rajinsh Kumar
 - 8.HC.Lachman Singh
 - 9.CT.Kulwinder Singh (Jr)
 - 10.CT.Naveen Kumar
 - 11.ASI.Kewal Singh (Team Coach)

HANDBALL

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2002

1.North Zone Handball Championship held at Delhi 1st
from 6th to 8th March.

2.The undermentioned Punjab Police Handball Players represented Punjab State Handball Team in 30th Senior National Championship held at Jammu and Team secured 4th position from 21th to 26th March.

- 1.ASI.Raghu Kumar
- 2.HC.Jaskaran Singh
- 3.HC.Rajnesh Kumar
- 4.HC.Kamaljit Singh
- 5.HC.Lachman Singh
- 6.CT.Kulwinder Singh (Jr)
- 7.CT.Baljit Singh
- 8.CT.Pawan Kumar (Jr)
- 9.CT.Tarsem Singh
- 10.CT.Sukhdev Singh
- 11.CT.Sukhwinder Singh
- 12.ASI.Kewal Singh (Team Coach)

3.The undermentioned Punjab Police Handball Players represented Punjab State Handball Team in Inter Zone Championship held Jammu and Team secured 2nd position from 25th to 27th March.

- 1.ASI.Raghu Kumar
- 2.HC.Jaskaran Singh
- 3.HC.Rajnesh Kumar
- 4.HC.Kamaljit Singh
- 5.HC.Lachman Singh
- 6.CT.Kulwinder Singh (Jr)
- 7.CT.Baljit Singh
- 8.CT.Pawan Kumar (Jr)
- 9.CT.Tarsem Singh
- 10.CT.Sukhdev Singh
- 11.CT.Sukhwinder Singh
- 12.ASI.Kewal Singh (Team Coach)

4. 3rd Steel Trophy Handball Championship held at Jamshedpur 2nd
from 22nd to 26th Oct-2002

5. The undermentioned Punjab Police Handball Players represented Punjab State Handball Team in 32th National Games held at Hyderabad and Team secured 3rd position from 13th to 22th Dec.

- 1.ASI.Raghu Kumar
- 2.HC.Karamjit
- 3.HC.Kulwinder Singh (Jr)
- 4.HC.Kulwinder Singh(Sr)
- 5.CT.Sukhdev Singh
- 6 C-II Pawan Kumar
- 7.HC.Naveen Sharma
- 8.HC.Rajnesh Kumar
- 9.HC.Baljit Singh
- 10.ASI.Rajesh Thakur
- 11.HC.Jaskaran Singh
- 12.ASI.Kewal Singh

Handball

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2003

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1. Ist Chaudhary Devi Lal Memorial Invitation Tournament held at Bhawani from 12.01.2003 to 15.01.2003. 3rd
2. All India Police Games held at Trivandrum from 11.02.2003 to 15.02.2003. 2nd
3. Senior National Championship held at Bhallai from 01.03.2003 to 06.03.2003. 4th
4. All India Police Game held at Bhopal from 8th to 13th Oct. 3rd

#### SENIOR NATIONAL HANDBALL CHAMPIONSHIP HELD AT RANUKOT(UP) FROM 14TH TO 19TH OCT.2003

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1. C-II.Sukhdev Singh
  2. C-II.Jaswant Singh
  3. HC.Kulwinder Singh
  4. CT.Gaurav Shegal
  5. HC.Naveen Kumar
  6. HC.Pawan Kumar
  7. HC.Balbir Singh
  8. SI.Raghu Kumar
  9. HC.Karamjit Singh
  10. CT.Narpinderpal Singh
  11. HC.Rajnish Kumar
  12. HC.Rajesh Thaukar
  13. HC.Lachaman Singh
  14. CT.Sachin Chowdhary
  15. HC.Palwinder Singh

2004

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#### FEDERATION CUP HELD AT CHENNAI FROM 02.01.2004 TO 06.01.2004.

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1. SI.Raghu Kumar

2. HC.Karmjit
3. ASI.Rajesh Thaukur
4. HC.Lachham Singh
5. HC.Baljit Singh
6. HC.Kulwinder Singh
7. HC.Pawan Kumar
8. HC.Naveen Kumar
9. C-II.Sukhdev Singh
10. C-II.Jaswant Singh
11. HC-II.Avtar Singh
12. C-II.Narpinder Singh
13. C-II.Gourav Sehgal
14. CT.Sunny Sangar
15. C-II.Sachin Chowdary

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| 2.All India Police Handball Championship held at Dharamshala<br>from 16.02.2004 to 20.02.2004. | 2nd |
| 3.North Zone Handball Championship held at Chandigarh<br>from 28.02.2004 to 01-03-2004.        | 1st |
| 4. All India Police Games held at Jammu(J&K) from<br>23.09.2004 to 28.09.2004.                 | 1st |

SENIOR NATIONAL HANDBALL CHAMPIONSHIP HELD AT JAMSHEDPUR  
FROM 10-12-2004 TO 15-12-2004

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|----------------------------|---------------|
| 1. C-II.Sukhdev Singh      | 4th Position. |
| 2. HC.Jaswant Singh        |               |
| 3. C-II.Kulwinder Singh    |               |
| 4. C-II.Gaurav Shegal      |               |
| 5. HC.Naveen Kumar         |               |
| 6. C-II.Pawan Kumar        |               |
| 7. C-II.Raghu Kumar        |               |
| 8. ASI.Karamjit Singh      |               |
| 9. C-II.Narpinderpal Singh |               |
| 10. ASI.Lachaman Singh     |               |
| 11. C-II.Baljit Singh      |               |
| 12. CT.Sanjay Kumar        |               |

INDO-PAK PUNJAB GAMES HELD AT PATIALA FROM 05.12.2004 TO  
11.12.2004.

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|----------------------------|--------------|
| 1. C-II.Sukhdev Singh      | 2nd Position |
| 2. HC.Jaswant Singh        |              |
| 3. C-II.Kulwinder Singh    |              |
| 4. C-II.Gaurav Shegal      |              |
| 5. HC.Naveen Kumar         |              |
| 6. C-II.Pawan Kumar        |              |
| 7. C-II.Raghu Kumar        |              |
| 8. ASI.Karamjit Singh      |              |
| 9. C-II.Narpinderpal Singh |              |
| 10. ASI.Lachaman Singh     |              |
| 11. C-II.Baljit Singh      |              |
| 12. CT.Sanjay Kumar        |              |
| 13. C-II.Rajnesh Choudhary |              |

HANDBALL

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2005

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19TH FEDERATION CUP HELD AT HALDIA(WEST BENGAL) FROM  
14.02.2005 TO 17.02.2005.

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Team Secured 1st Position  
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HANDBALL

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54th All India Police Games held at Jalandhar from  
24.10.05 to 28.10.05

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Team Secured 1st Position  
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2006

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Senior National Championship held at Ludhaian from
09.02.06 to 15.02.06

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Team Secured 1st Position

North Zone Handball Championship held at Una (H.P.)
from 03.03.06 to 05.03.06

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Team Secured 4th Position

Handball

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Represented India Handball Team in 6th Aksar International  
Handball Tournament held at Hong-Kong (China)  
from 14.04.06 to 17.04.06

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1. C-II Sachin Choudhary
2. C-II Gaurav Shegal
3. C-II Sukhdev Singh

Participation  
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Handball

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55th All India Police Games held at New Delhi from  
25.11.2006 to 29.11.2006

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Participation

Handball

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51st Punjab Police Games held at Jalandhar from 1st Position  
04.12.2006 to 08.12.2006

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Handball

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33rd National Games held at Guwahati from
09.02.2007 to 18.02.2007.

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|------------------------------|---------------------------|
| 1. SI.Raghu Kumar | Team Secured 1st Position |
| 2. HC.Jawant Singh | ~~~~~ |
| 3. C-II.Kulwinder Singh (Sr) | |
| 4. C-II.Baljit Singh | |
| 5. C-II.Gaurav Sehgal | |
| 6. C-II.Sachin Chowdhary | |
| 7. C-II.Tarsem Singh | |
| 8. C-II.Sukhdev Singh | |
| 9. C-II.Pawan Kumar | |
| 10. Ct.Sanjay Kumar | |

Handball

56th All India Police Games held at Bhilai (Chhattisgarh)
from 10.10.07 to 14.10.07

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Team secured 3rd Position

36th Senior National Championship held at Bangalore  
from 19.11.2007 to 24.11.2007

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1. SI.Raghu Kumar
2. HC.Pawan Kumar
3. HC.Kulwinder Singh
4. HC.Palwinder Singh
5. HC.Baljit Singh
6. HC.Sukhdev Singh
7. Ct.Sanjay Kumar

Team Secured 3rd Position.

Handball

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Senior National Handball Championship held at  
Vishakhapatnam from 24.02.09 to 27.02.09

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1. SI.Raghu Kumar
2. HC.Baljit Singh
3. HC.Pawan Kumar
4. HC.Kulwinder Singh
5. HC.Palwinder Singh
6. HC.Sukhdev Singh
7. Ct.Sanjay Kumar
8. Ct.Mangal Singh
9. Ct.Hardev Singh
10. Ct.Ranjit Singh

Team Secured 2nd Position.

#### Handball

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58th All India Police Basketball, Handball, Kabaddi &  
Volleyball Championship-2009 held at Madhuban (Haryana)  
from 18.01.2010 to 22.01.2010.

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Team secured 3rd position

#### Handball

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Federation Cup held at Jangir (Chattisgarh)
from 19.02.12 to 22.02.12

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Team secured 3rd Position

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Federation Cup held at Jaisalmer (Rajasthan)
from 27.10.12 to 30.10.12

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Team secured 1st Position

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Federation Cup held at Jaisalmer (Rajasthan)
from 06.12.13 to 09.12.13.

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Team secured 2nd Position

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Senior National Handball Championship held
at Bilaspur (H.P.) from 10.12.13 to 15.12.13

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Team secured 2nd Position

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Handball

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62nd All India Police Volleyball Cluster-2013  
held at Thrissur (Kerala) from 20.01.14 to 24.01.14

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Team secured 2nd Position

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3rd South Asian Men Handball Championship held  
at Noida from 23.03.14 to 26.03.14

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1. SI Raghu Kumar
2. HC Hardev Singh
3. CT Karamjit Singh
4. CT Manpreet Singh
5. ASI Jaswant Singh, Coach

Team secured 1st Position

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Handball

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63rd All India Police Volleyball Cluster (Basketball,  
Handball, Kabaddi & Volleyball Championship) held at  
Jalandhar from 26.10.2014 to 30.10.2014

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Team secured 1st Position

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Federation Cup held at Nellor (A.P)
from 12.07.15 to 15.07.15.

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1. Insp Raghu Gurang
2. ASI Pawan Kumar
3. ASI Baljeet Singh
4. ASI Kulwinder Singh
5. HC Sukhdev Singh
6. HC Ranjit Singh
7. HC Hardev Singh
8. HC Manpreet Singh
9. HC Karamjit Singh
10. CT Harwinder Singh
11. CT Gurinder Singh
12. CT Surjit Singh
13. ASI Jaswant Singh (Coach)

Participation

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44th Senior National Championship held at  
Ujjain (MP) from 11.10.2015 to 16.10.2015

1. Insp Raghu Kumar
2. ASI Pawan Kumar
3. ASI Baljeet Singh
4. ASI Kulwinder Singh
5. HC Sukhdev Singh
6. HC Ranjit Singh
7. HC Hardev Singh
8. HC Manpreet Singh
9. HC Karamjit Singh
10. CT Surjit Singh
11. ASI Jaswant Singh (Coach)

Team secured 2nd Position

**HANDBALL**

**SAF GAMES AT GUWAHATI FROM 05<sup>TH</sup> TO 16<sup>TH</sup> FEBRUARY- 2016**

- |                      |                 |
|----------------------|-----------------|
| 1. HC Hardev Singh   | 1 <sup>st</sup> |
| 2. HC Manpreet Singh | 1 <sup>st</sup> |
| 3. ASI Jaswant Singh | Coach           |

**Handball**

**64<sup>TH</sup> ALL INDIA POLICE VOLLEYBALL CLUSTER-2016 HELD AT JODHPUR  
FROM 15.03.2016 TO 19.03.2016**

**Punjab Police Handball team secured 2<sup>nd</sup> position**

**Handball**

**2<sup>nd</sup> All India Dronacharya Handball Tournament held at Jind (Haryana) from 08.04.2016 to 11.04.2016**

**Punjab Police Handball team secured 1<sup>st</sup> position**

**21<sup>st</sup> North Zone Handball Championship held at Jammu from 28.04.2016 to 30.04.2016**

**Punjab Police Handball team secured 1<sup>st</sup> position**

## **Handball**

### **30<sup>th</sup> Federation Cup held at Sangrur from 06.05.2016 to 09.05.2016**

1. Insp. Raghu Kumar 1419/PAP (2-IRB)
2. ASI Baljit Singh 1839/PAP (4-CDO)
3. ASI Kulwinder Singh 1840/PAP (1-CDO)
4. ASI Pawan Kumar 1834/PAP (3-CDO)
5. HC Sukhdev Singh 4-IRB/151
6. HC Sunny Sangar 1-IRB/91
7. HC Hardev Singh 1-C/52
8. HC Ranjit Singh 1-C/34
9. HC Karamjit Singh 36/141
10. HC Manpreet Singh 36/135
11. HC Harwinder Singh 6-IRB/91
12. CT Amandeep Singh 947/SMS
13. ASI Jaswant Singh 7-IRB/70 (Coach)

**Punjab State Handball team secured 1<sup>st</sup> position**