

ACHIEVEMENTS OF PUNJAB POLICE BOXING TEAM

1994

3RD NATIONAL GAMES-PUNE

1.Inspr.Gurmit Singh	1st
2.HC.Zorawar Singh	1st
3.HC.Hemant Kumar	2nd
4.ASI.Gurdeep Singh	2nd
5.HC.Ajit Bakshi	2nd
6.CT.Sherwinder Singh	2nd

12TH ASIAN GAMES-HIROSHIMA (JAPAN)

1.ASI.Gurmit Singh	3rd
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PRE OLYMPIC QUALIFIED ROUND-TASHKAND (RUSSIA)

1.Inspr.Gurmit Singh	3rd
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PRE OLYMPIC BOXING COACHING CAMP-HAWANA (QUBA)

1.Inspr.Gurmit Singh	1st
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JUNIOR WORLD CUP BOXING CHAMPIONSHIP-TURKEY

1.CT.Upinder Kumar	Participated
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1995

INTERNATIONAL FEDERATION CUP-DELHI

1.ASI.Harpal Singh	Participated
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INTERNATIONAL KOREA CUP BOXING CHAMPIONSHIP-SEOUL (KOREA)

1.ASI.Harpal Singh	3rd
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INTERNATIONAL INVITATION BOXING CHAMPIONSHIP-BEIJING (CHINA)

1.ASI.Harpal Singh	Participation
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JUNIOR ASIAN BOXING CHAMPIONSHIP-BANGKOK

1.ASI.Upinder Kumar	3rd
2.CT.Harpreet Singh	3rd

Y.M.C.A.INTERNATIONAL BOXING CHAMPIONSHIP-DELHI

1.ASI.Harpal Singh	1st
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SENIOR NATIONAL BOXING CHAMPIONSHIP-BANGALORE

- 1.HC.Anand Kumar 2nd
- 2.CT.Pawan Kumar Bronze Medal
- 3.HC.Hemant Kumar Bronze Medal
- 4.CT.Parmod Singh Participation
- 5.HC.Sanjiv Kumar Participation
- 6.CT.Jagjit Singh Participation
- 7.C-II Pardeep Singh Participation
- 8.CT.Sherwinder Singh Participation
- 9.ASI.Gurdeep Singh Participation
- 10.CT.Vivek Yadav Participation

1996

A.K.MISRA MEMORIAL ALL INDIA BOXING CHAMPIONSHIP-CHANDIGARH

- 1.CT.Sohan Lal 1st
- 2.C-II Pardeep Singh 1st
- 3.CT.Rameshwar 1st
- 4.CT.Harjit Singh 2nd
- 5.CT.Joginder Kumar 2nd

Y.M.C.A.INTERNATIONAL BOXING CHAMPIONSHIP-DELHI

- 1.HC.Ajit Bakshi 2nd

1997

KINGS CUP BOXING CHAMPIONSHIP-BANGKOK

- 1.ASI.Harpal Singh 2nd

Y.M.C.A.INTERNATIONAL BOXING CHAMPIONSHIP-DELHI

- 1.Inspr.Gurmit Singh 2nd
- 2.ASI.Harpal Singh 1st
- 3.HC.Bhim Singh Participation

4TH NATIONAL GAMES-BANGALORE

- 1.ASI.Harpal Singh Ist in Super Heavy Weight
- 2.ASI.Bhim Singh Ist in Light Fly Weight
- 3.ASI.Upinder Kumar 2nd in Light Weight
- 4.CT.Pawan Kumar 2nd in Light Welter Weight
- 5.HC.Zorawar Singh 3rd in Middle Light Weight
- 6.CT.Harpreet Singh 3rd in Light Middle Weight
- 7.CT.Shiv Partap Chopra 3rd in Light Heavy Weight
- 8.CT.Sohan Lal Participation
- 9.ASI.Gurdeep Singh Participation

Note :-HC.Bhim Singh of Punjab Police was Declared Best Boxer of the Championship.

IST YOGI RAM MEMORIAL ALL INDIA BOXING CHAMPIONSHIP-PANCHKULA

- 1.C-II Pardeep Singh Ist in Middle Weight
- 2.CT.Rajesh Kumar Ist in Light Weight
- 3.CT.Joginder Kumar Ist in Feather Weight

4.CT.Naresh Kumar	2nd in Light Middle Weight
5.CT.Rajwinder Singh	3rd in Welter Weight
6.CT.Mukesh Kumar	3rd in Light Welter Weight
7.CT.Manoj Kumar	Participation in Light Fly Weight
8.CT.Sohan Lal	Participation
9.ASI.Gurdeep Singh	Participation

Note :-HC.Bhim Singh of Punjab Police was Declared Best Boxer of the Championship

19TH ASIAN BOXING CHAMPIONSHIP-MALAYSIA

1.ASI.Harpal Singh	2nd in +91 Kg Weight
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43RD SENIOR NATIONAL BOXING CHAMPIONSHIP-CALCUTTA

1.HC.Bhim Singh	1st
2.ASI.Upinder Kumar	1st
3.Inspr.Gurmit Singh	1st
4.ASI.Harpal Singh	1st
5.HC.Hemant Kumar	2nd
6.CT.Joginder Singh	2nd
7.CT.Sohan Lal	Participation
8.HC.Jaspal Singh	Participation
9.CT.Harjit Singh	Participation
10.CT.Harjang Singh	Participation
11.CT.Sherwinder Singh	Participation

1998

SENIOR PUNJAB BOXING CHAMPIONSHIP-SAMRALA

1.ASI.Bhim Singh	1st
2.C-II Sohan Lal	1st
3.CT.Naresh Kumar	1st
4.HC.Pawan Kumar	1st
5.CT.Harjit Singh	2nd
6.HC.Jorawar Singh	1st
7.CT.Vinod Kumar	1st
8.ASI.Harpal Singh	1st
9.HC.Hemant Kumar	1st
10.C-II Harpreet Singh	1st
11.CT.Sherwander Singh	1st
12.Joginder Singh	2nd
13.Madan Lal	2nd
14.Kuljit Singh	2nd

47TH ALL INDIA POLICE GAME-MADHUBAN-1998

1.ASI.Bhim Singh	Ist in Lt.Fly Weight
2.ASI.Shashi Kapoor	Ist in Bentam Weight
3.CT.Naresh Kumar	Ist in Feather Weight
4.Inspr.Gurmit Singh	Ist in Light Weight
5.HC.Pawan Kumar	Ist in Light Welter Weight
6.HC.Hemant Kumar	Ist in Welter Weight
7.HC.Joginder Singh	Ist in Heavy Weight
8.C-II Sohan Lal	2nd in Fly Weight
9.Zorwar Singh	3rd in Middle Weight

10.C-II Harjit Singh 3rd in Light Middle
11.C-II Jagjit Singh 3rd in Super Heavy Weight

Note-

1. Punjab Police Boxing Team Overall Championship With 49 Points

ASIAN GAMES-BANGKOK-1998

1.SI.Harpal Singh Participation
1999

5TH NATIONAL GAMES-IMPHAL(MANIPUR)

1.SI.Harpal Singh 1st in Super Heavy Weight
2.C-II.Sohan Lal 2nd in Fly Weight
3.HC.Zorawar Singh 3rd in Middle Weight
4.HC.Hement Kumar Participation in Welter Weight
5.HC.Pawan Kumar Participation in Welter Weight

S.A.F.GAMES KATHMANDU (NEPAL)

1.SI.Harpal Singh 2nd Medal in Super Heavy Weight

48TH ALL INDIA POLICE GAME-JALANDHAR 26TH TO 30TH OCT.1999.

1.ASI.Bhim Singh Ist in Lt.Fly Weight
2.C-II Sohan Lal Ist in Fly Weight
3.ASI.Shashi Kapoor 2nd in Bantam Weight
4.C-II Naresh Dalal Ist in Feather Weight
5.Inspr.Gurmit Singh Ist in Light Weight
6.HC.Pawan Kumar Ist in Light Welter Weight
7.HC.Ajit Bakshi Jt.3rd Welter Weight
8.CT.Yogesh Kumar 2nd in Light Middle Weight
9.HC.Joginder Singh Ist in Light Heavy Weight
10.SI.Harpal Singh Ist in Super Heavy Weight
11.HC.Harjeet Singh Ist in Middle Weight

Note:

1.HC.Pawan Kumar.Light Welter Weight Boxer of
Punjab Police Declared Best Boxer of the Championship.

2.Punjab Police Boxing Team Won the Boxing Championship
With 56 Points

2000

Y.M.C.ALL INDIA INVITATION CHAMPIONSHIP HELD AT
DELHI FROM 15TH TO 20TH NOV.2000.

1.ASI.Bhim Singh 1st in Light Fly Weight(Best Boxer)
2.C-II Naresh Dalal 2nd in Light Weight
3.CT.Rohit Verma 3rd in Super Heavy Weight
4.CT.Malwinder Singh Participation in Welter Weight
5.C-II Harjeet Singh Participation in Middle Weight
6.C-II Sohan Lal Participation in Father Weight
7.C-II Yogesh Kumar Participation in Light Middle Weight
8.CT.Parmod Singh Participation in Bantam Weight

2001

SENIOR NATIONAL CHAMPIONSHIP HELD AT PUNE FROM
7TH TO 12TH JAN.2001

1.Inspr.Harpal Singh	1st in super Heavy Weight
2.Inspr.Gurmit Singh	2nd in Welter Weight
3.ASI.Bhim Singh	3rd in Light Fly Weight
4.HC.Joginder Singh	3rd in Light Heavy Weight
5.HC.Pawan Kumar	Participation
6.C-II Naresh Dalal	Participation in Light Weight
7.C-II Harjeet Singh	Participation in Middle Weight
8.C-II Sohan Lal	Participation in Father Weight
9.C-II Yogesh Kumar	Participation in Light Middle Weight

31TH NATIONAL GAMES HELD AT PUNJAB.
FROM 19TH.NOV.1ST DEC.

1.Inspr.Harpal Singh	1st in super Heavy Weight
2.ASI.Bhim Singh	1st in Light Fly Weight
3.CT.Balkar Singh	2nd in Heavy Weight
4.HC.Hemant Kumar	2nd in Light Middle Weight
5.HC.Pawan Kumar	3rd in Light Welter Weight
6.Inspr.Gurmit Singh	Participation in Welter Weight
7.C-II Naresh Dalal	Participation in Light Weight
8.C-II Harjeet Singh	Participation in Middle Weight
9.CT.Amarjeet Singh	Participation in Bantam Weight
10.CT.Ranjeet Singh	Participation in Father Weight
11.C-II Khem Chand	Team Coach

2002

9th ALL INDIA A.K. MISHRA BOXING CHAMPIONSHIP HELD AT
CHANDIGARH FROM 22th TO 26th FEB.

1.C-II Harjit Singh	Ist in Middle Weight
2.CT.Parmod Singh	Ist in Feather Weight
3.C-II Balbir Singh	2nd in Light Middle Weight
4.CT.Malwinder Singh	3rd in Welter Weight
5.CT.Rattan Singh	3rd in Fly Weight
6.CT.Paramjit Singh	Participation
7.CT.Amandeep Singh	Participation
8.CT.Harvinder Singh	Participation
9.C-II Khem Chand	Boxing Coach

48th SENIOR NATIONAL BOXING CHAMPIONSHIP HELD AT
DELHI FROM 5th TO 9th FEB.

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1.Inspr.Harpal Singh	1st
2 C-II.Yogesh Kumar	Participation
3.CT.Balbar Singh	Participation
4.CT.Amardeep Singh	Participation
5.CT.Harwinder Singh	Participation
6.Khem Chand	Boxing Coach

NORTH INDIA BOXING CHAMPIONSHIP-KANPUR FROM 20TH 23TH JUNE-2002.

1.CT.Parmod Kumar	Ist in Feather Weight
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|----------------------|-----------------------------|
| 2.HC.Yogesh Kumar | Ist in Light Middle Weight |
| 3.HC.Harjeet Singh | Ist in Middle Weight |
| 4.CT.Paramjit Singh | Ist in Heavy Weight |
| 5.CT.Amandeep Singh | 2nd in Bantam Weight |
| 6.CT.Amandeep Singh | 3rd in Welter Weight |
| 7.CT.Rohit Verma | 3rd in Super Heavy Weight |
| 8.CT.Rattan Singh | Participation in Fly Weight |
| 9.HC.Khem Chand | (Boxing Coach) |
| 10.HC.Joginder Singh | (Boxing Coach) |

Note-

1. Punjab Police Boxing Team Won the Boxing Championship With 36 Points

IST ALL INDIA INVITATION BOXING CHAMPIONSHIP HELD AT
MANALI FROM 12TH TO 13TH JULY-2002

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|----------------------|----------------------------|
| 1.HC.Yogesh Kumar | Ist in Light Middle Weight |
| 2.HC.Naresh Kumar | 2nd in Light Welter Weight |
| 3.HC.Harjit Singh | 2nd in Middle Weight |
| 4.C-II Bahadur Singh | 2nd in Feather Weight |
| 5.CT.Amandeep Singh | 3rd in Bantam Weight |
| 6.HC.Pawan Kumar | 3rd in Welter Weight |
| 7.HC.Sohan Lal | 3rd in Light Weight |
| 8.HC.Jagdish Singh | Team Coach |
| 9.CT.Bhupinder Singh | Team Coach |

COMMON WEALTH BOXING CHAMPIONSHIP HELD AT MANCHESTAR
FROM 2002

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|----------------------|---------------|
| 1.Inspr.Harpal Singh | Participation |
|----------------------|---------------|

51TH ALL INDIA POLICE GAME-HELD AT BHIWANI(HARYANA)
FROM 7TH TO 10TH NOV-2002

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|-----------------------|----------------------------|
| 1.CT.Arun Singh | Ist in Lt.Fly Weight |
| 2.ASI.Bhim Singh | Ist in Fly Weight |
| 3.CT.amandeep Singh | Ist in Bantam Weight |
| 4.CT.Parmod Singh | 2nd in Feather Weight |
| 5.HC.Yogesh Kumar | Ist in Light Middle Weight |
| 6.HC.Joginder Singh | 2nd in Light Heavy Weight |
| 7.HC.Balkar Singh | Ist in Heavy Weight |
| 8.Inspr.Harpal Singh | Ist in Super Heavy Weight |
| 9.CT.Ranjit Singh | 3rd in Light Weight |
| 10.HC.Harwender Singh | 3rd in Light Welter Weight |

32TH NATIONAL GAMES HELD AT HYDERABAD
FROM 13TH TO 22TH DEC.2002

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|----------------------|--------------------------------|
| 1.Inspr.Harpal Singh | 1st in super Heavy Weight |
| 2.ASI.Bhim Singh | Participation in Fly Weight |
| 3.HC.Balkar Singh | Participation in Heavy Weight |
| 4.HC.Amandeep Singh | Participation in Bantam Weight |

5.HC.Parmodh Singh	Participation in Feather Weight
6.C-II Ranjit Singh	Participation in Light Weight
7.HC.Arun Singh	Participation in Light Fly Weight
8.HC.Harwinder Singh	Bronze in Light Welter Weight

2003

Y.M.C.A International Boxing Championship held at Delhi
from 4th to 8th Feb.2003

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1.HC.Balkar Singh	2nd in Heavy Weight
2.C-II Ranjit Singh	Silver Medal in Feather Weight
3.CT.Jai Bhagwan	1st in Feather Weight

ALL INDIA A.K.MISHRA BOXING CHAMPIONSHIP HELD AT CHANDIGARH
FROM 28TH FEB. TO 4TH MARCH-2003

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1.HC.Arun Singh	2nd in Light Fly Weight.
2.CT.Ashwani Sharma	2nd in Fly Weight.
3.CT.Kamaldeep Singh	3rd in Bantom Weight.
4.CT.Rakesh Kumar	Participation.
5.CT.Gurpreet Singh	3rd in Light Weight.
6.CT.Jagdeep Singh	Participation.
8.CT.Kamal Kumar	Participation.
9.CT.Ram Singh	3rd in Middle Weight.

49TH SENIOR NATIONAL BOXING CHAMPIONSHIP HELD AT DELHI
FORM 25TH TO 30TH MARCH-2003.

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1.HC.Arun Singh	3rd in Light Fly Weight.
2.CT.Ashwani Sharma	Participation
3.HC.Amandeep Singh	Participation
4.HC.Parmod Singh	Participation.
5.HC.Yogesh Kumar	Participation
6.HC.Himant Kumar	Participation.
7.CT.Kamaldeep Singh	Participation.
8.CT.Rakesh Kumar	Participation.
9.CT.Gurpreet Singh	Participation.
10.CT.Ram Singh	Participation.
11.CT.Harjit Singh	Participation.

50TH SENIOR NATIONAL BOXING CHAMPIONSHIP HELD AT BANGALORE
FORM 9TH TO 14TH SEP.2003.

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1.HC.Arun Singh	Participation (India Police)
2.CT.Ashwani Sharma	3rd in Fly Weight(Indian Police)
3.HC.Amandeep Singh	3rd in Bantam Weight(Indian Police)
4.HC.Yogesh Kumar	3rd in Middle Weight(Indian Police)
5.CT.Rakesh Kumar	Participation. (Punjab)
6.CT.Jai Bhagawan	Participation. (Punjab)
7.CT.Ranjit Singh	Participation. (Punjab)
8.HC.Harinder Singh	2nd in Light Welter Weight (Punjab)
9.HC.Harjit Singh	Participation (Punjab)

IST INTERNATIONAL BOXING CHAMPIONSHIP HELD AT GOA
FORM IST TO 4TH OCT.2003.

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1.Inspr.Harpal Singh	Ist in super Heavy Weight
2.HC.Harwinder Singh	3rd in Light Wealter Weight
3.CT.Ranjit Singh	2nd in Light Weight
4.CT.Jai Bhawan	Ist in Light Weight
5.CT.Ashwani Sharma	3rd in Fly Weight

2004

ASIAN BOXING CHAMPIONSHIP HELD AT PHILLIPINES
FROM 11.01.04 TO 18.01.04.

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1.Inspr.Harpal Singh	Participation
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Y.M.C.A INTERNATIONAL BOXING CHAMPIONSHIP HELD AT DELHI
FROM 03.02.04 TO 07.02.04

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1.Inspr.Harpal Singh	Ist in super Heavy Weight
2.HC.Harwinder Singh	3rd in Light Wealter Weight
3.C-II.Jai Bhawan	3rd in Light Weight
4.CT.Ashwani Sharma	3rd in Fly Weight
5.HC.Amandeep Singh	3rd in Bantom Weight.
6.HC.Arun Singh	3rd in Light Fly Weight.
7.C-II Bhupinder Singh	Coach

All India A.K.Mishra Boxing Championship-Chandigarh 3rd
from 13.02.04 to 17.02.04

ALL INDIA POLICE GAMES HELD AT BHOPAL
FROM 12.03.04 TO 16.03.04.

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1.HC.Arun Singh	1st in Light Fly Weight
2.CT.Ashwani Sharma	3rd in Fly Weight
3.HC.Amandeep Singh	3rd in Bantom Weight
4.CT.Rakesh Kumar	Participation
5.HC.Harwinder Singh	2nd in Light Wealter Weight
6.C-II Jai Bhagwan	1st in Light Weight
7.CT.Jagdeep Singh	3rd in Wealter Weight
8.HC.Yogesh Kumar	Participation
9.CT.Ram Singh	1st in Light Heavy Weight
10.HC.Balkar Singh	1st in Heavy Weight
11.Inspr.Harpal Singh	1st in Super Heavy Weight
12.HC.Khem Chand	Coach
13.ASI.Hemant Kumar	Coach

S.A.F.GAMES HELD AT ISLAMABAD FROM
01.04.04 TO 04.04.04.

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1.Inspr.Harpal Singh	2nd in Super Heavy Weight
2.C-II Jai Bhagwan	2nd in Light Weight

NORTH INDIA BOXING CHAMPIONSHIP HELD AT CHANDIGARH
FROM 11.06.04 TO 14.06.04.

- =====
- 1.C-II. Balkar Singh 1st
 - 2.CT. Kamaljeet Singh 2nd

GRAND PRIX INTERNATIONAL CHAMPIONSHIP HELD AT CHEC.REPUBLIC
FROM 09.06.04 TO 14.06.04.

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- 1.C-II. Arun Singh Participation

51ST SENIOR NATIONAL BOXING CHAMPIONSHIP-HISSAR (HARYANA)
FORM 03.08.04 TO 08.08.04.

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- 1.C-II.Ranjit Singh 2nd in Light Weight
 - 2.HC. Harwinder Singh 3rd in Light Welter Weight
 - 3.C-II.Arun Singh Participation in Light Fly Weight

- 4.CT. Ram Singh Participation in Light Heavy Weight
- 5.C-II.Balkar Singh Participation in Heavy Weight
- 6.CT.Ashwani Sharma Participation in Fly Weight
- 7.C-II.Bhupinder Singh As a Coach

ALL INDIA POLICE GAMES HELD AT JALANDHAR
FROM 05.10.04 TO 09.10.04.

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Team Secured 1st Position

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- 1.C-II.Arun Singh 1st in Light Fly Weight
- 2.CT.Ashwani Sharma 1st in Fly Weight
- 3.CT.Rakesh Kumar 1st in Feather Weight
- 4.C-II.Ranjit Singh 1st in Light Weight
- 5.C-II Yogesh Kumar 1st in Middle Weight
- 6.CT.Ram Singh 1st in Light Heavy Weight
- 7.C-II Balkar Singh 1st in Heavy Weight
- 8.Inspr.Harpal Singh 1st in Super Heavy Weight
- 8.HC.Harwinder Singh 2nd in Light Welter Weight
- 9.C-II.Amandeep Singh 3rd in Bontom Weight
- 10.CT.Jagdeep Singh Participation
- 11.C-II.Khem Chand (Coach)
- 12.C-II.Bhupinder Singh (Coach)

BOXING

2005

12th All India A.K.Mishra Invitation Boxing Championship
held at Chandigarh from 03.03.2005 to 07.03.2005.

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1. C-II.Balkar Singh 1st in Heavy Weight
 2. CT. Ram Singh 1st in Light Heavy Weight
 3. CT. Gurpreet Singh 3rd in Light Welter Weight
 4. CT. Kamaldeep Singh Participation
 5. CT. Harinder Kumar Participation
 6. CT. Pawan Kuamr Participation

Senior National Boxing Championship held at Chennai
from 19.09.2005 to 24.09.2005.

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|----|---------------------|-----------------------------|
| 1. | C-II Ashwani Kumar | Participation |
| 2. | Ct. Rakesh Kumar | Participation |
| 3. | C-II Amandeep Singh | Participation |
| 4. | C-II Ranjit Singh | 3rd in Light Welter Weight. |
| 5. | C-II Yogesh Kumar | Participation |
| 6. | Ct. Ram Singh | Participation |
| 7. | C-II Balkar Singh | 2nd in Super Heavy Weight. |
| 8. | C-II Arun Singh | 3rd in Fly Weight. |
| 9. | C-II Khem Chand | As a Coach |

BOXING

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54th All India Police Games-2005 held at New Delhi  
from 19.12.05 to 23.12.05.

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|-----|----------------------|----------------------------|
| 1.  | Ct.Ashwani Sharma    | 1st in Fly Weight.         |
| 2.  | Ct.Kamaldeep Singh   | Participation              |
| 3.  | C-II.Amandeep Singh  | Participation              |
| 4.  | Ct.Pawan Kumar       | 1st in Light Weight.       |
| 5.  | Ct.Gurpreet Singh    | Participation              |
| 6.  | HC.Harwinder Singh   | 3rd in Welter Weight.      |
| 7.  | Ct.Harinder Kumar    | Participation              |
| 8.  | Ct.Ram Singh         | 1st in Light Heavy Weight. |
| 9.  | HC.Balkar Singh      | 3rd in Heavy Weight.       |
| 10. | Inspr.Harpal Singh   | 1st in Super Heavy Weight. |
| 11. | ASI.Kaur Singh       | As a Chief Coach           |
| 12. | C-II.Khem Chand      | As a Coach                 |
| 13. | C-II.Bhupinder Singh | As a A/Coach               |

Team Secured 3rd Position with 37 Points.

BOXING

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2006

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All India A.K.Mishra Boxing Championship held at Chandigarh
from 24.02.2006 to 28.02.2006

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|----|---------------------|---------------|
| 1. | Ct. Ashwani Sharma | 2nd |
| 2. | Ct. Kamaldeep Dutta | Participation |
| 3. | Ct. Jagtar Singh | Participation |
| 4. | Ct. Gurpreet Singh | Participation |
| 5. | Ct. Pawan Kumar | Participation |

International President Cup held at Kazakistan from
24.05.06 to 28.05.06.

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|----|-------------------|---------------|
| 1. | Ct.Ashwani Sharma | Participation |
|----|-------------------|---------------|

Federation Cup held at Hyderabad from 25.05.06 to
28.05.06

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|------------------------|-----------------------|
| 1. HC.Harwinder Singh | 1st in Middle Weight |
| 2. C-II.Amandeep Singh | 1st in Feather Weight |
| 3. Ct.Ram Singh | 2nd in Heavy Weight |
| 4. Ct.Kamaldeep Singh | Participation |

Green Hill International Competition held at Karachi(PAK)
from 08.07.06 to 14.07.06.

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|------------------------|----------------------------|
| 1. HC.Harwinder Singh | Participation |
| 2. C-II.Amandeep Singh | Participation |
| 3. Ct.Ram Singh | 3rd in Light Heavy Weight. |

Boxing

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55th All India Police Games-2006 held at Jalandhar
from 09.10.2006 to 13.10.2006.

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- | | |
|-----------------------|----------------------------|
| 1. Ct.Amandeep Singh | 1st in Light Fly Weight |
| 2. Ct.Ashwani Sharma | 1st in Fly Weight. |
| 3. Ct.Kamaldeep Singh | Participation |
| 4. Ct.Pawan Kumar | 2nd in Light Welter Weight |
| 5. HC.Harwinder Singh | 1st in Middle Weight. |
| 6. Ct.Ram Singh | 1st in Light Heavy Weight |
| 7. Ct.Amandeep Singh | 1st in Feather Weight |
| 8. HC.Balkar Singh | 1st in Super Heavy Weight |
| 9. Ct.Ranjit Singh | 1st in Light Weight |
| 10. Ct.Jagdeep Singh | 2nd in Welter Weight |
| 11. Ct.Harjit Singh | 3rd in Heavy Weight |
| 11. ASI.Kaur Singh | Chief Caoch |
| 12. C-II.Khem Chand | Coach |

Team Secured 1st Position with 60 Points.

Boxing

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51st Punjab Police Games held at Jalandhar from 04.12.2006 to 08.12.2006 1st Position

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Light Fly Weight

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|----------------------|-----|
| 1. CT.Amandeep Singh | 1st |
|----------------------|-----|

Fly Weight

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- |                    |     |
|--------------------|-----|
| 1. CT.Jasbir Singh | 1st |
|--------------------|-----|

Bantom Weight

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|----------------------|-----|
| 1. CT.Ashwani Sharma | 1st |
|----------------------|-----|

Light Welter Weight

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1. CT.Pawan Kumar 1st

Welter Weight

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1. CT.Narinder Singh 1st

Middle Weight

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1. CT.Jagdeep Singh 1st

Heavy Weight

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1. CT.Surinder Kumar 3rd

Super Heavy Weight

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1. HC.Balkar Singh 1st

Best Boxer

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1. CT.Narinder Singh

Boxing

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33rd National Games-2007 held at Guwahati  
from 09.02.2007 to 18.02.2007.

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|----------------------|---------------------------|
| 1. CT Ashwani Sharma | 2nd in Fly Weight |
| 2. CT Pawan Kumar | Participation |
| 3. CT Ranjit Singh | Participation |
| 4. HC Balkar Singh | 2nd in Super Heavy Weight |
| 5. ASI Kaur Singh | Coach |
| 6. CT Khem Chand | Coach |
| 7. CT Harjit Singh | Coach |

Boxing

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Senior National Boxing Championship held at  
Hyderabad from 18.03.2007 to 24.03.2007

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|-----------------------|---------------------------|
| 1. HC.Balkar Singh    | 2nd in Super Heavy Weight |
| 2. HC.Harwinder Singh | 2nd in Middle Weight      |
| 3. Ct.Amandeep Singh  | 2nd in Light Fly Weight   |
| 4. HC.Amandeep Singh  | 3rd in Feather Weight     |
| 5. Ct.Ram Singh       | Participation             |
| 6. Ct.Ashwani Sharma  | Participation             |
| 7. Ct.Pawan Kumar     | Participation             |

Asian Amateur Boxing Championship held at Mangolia  
from 10.06.07 to 14.06.07.

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- |                      |     |
|----------------------|-----|
| 1. Ct.Amandeep Singh | 3rd |
|----------------------|-----|

56th All India Police Games-2007 held at New Delhi  
from 22.11.07 to 26.11.07.

- ~~~~~
- |                             |                         |
|-----------------------------|-------------------------|
| 1. Ct. Ashwani Sharma       | 1st in Fly Weight       |
| 2. HC Yogesh Kumar          | 2nd in Heavy Weight     |
| 3. Ct. Amandeep Singh (Jr.) | 3rd in Light Fly Weight |
| 4. Ct. Arun Kumar           | Participation           |
| 5. HC Amandeep Singh (Sr.)  | Participation           |
| 6. Ct. Kamaldeep Singh      | Participation           |
| 7. Ct. Pawan Kumar          | Participation           |
| 8. C-II Ranjit Singh        | Participation           |
| 9. HC Harwinder Singh       | Participation           |
| 10. Ct. Ram Singh           | Participation           |
| 11. ASI Kaur Singh          | Coach                   |
| 12. HC Khem Chand           | Coach                   |

Team secured 3rd Position  
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All India A.K.Mishra Memorial Boxing Championship held at  
Chandigarh from 26.12.2007 to 30.12.2007

- =====
- |                       |               |
|-----------------------|---------------|
| 1. Ct.Jaswinder Singh | 3rd           |
| 2. Ct.Surinder Kumar  | Participation |
| 3. Ct.Mohd.Habib      | Participation |

2008

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Boxing

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1st Asian Olympic Qualify Tournament held at  
Bangkok (Thailand) from 25.01.08 to 02.02.08

- 
- |                       |                      |
|-----------------------|----------------------|
| 1. Ct. Amandeep Singh | 3rd in Light Fly Wt. |
|-----------------------|----------------------|

North Zone Boxing Championship held at Ludhiana  
from 02.02.08 to 03.02.08

- 
- |                        |                        |
|------------------------|------------------------|
| 1. HC Amandeep Singh   | 1st in Light Wt.       |
| 2. Ct. Jaswinder Singh | 3rd in Super Heavy Wt. |
| 3. HC Khem Chand       | Team 2nd as a Coach    |

Grand Prix Cup held at Czech Republic from  
10.06.2008 to 15.06.2008

- 
- |                  |                           |
|------------------|---------------------------|
| 1. Ct. Ram Singh | 3rd in Super Heavy Weight |
|------------------|---------------------------|

Training-cum-Competition held at Kassel (Germany)  
from 04.06.08 to 22.06.08

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- |                        |     |
|------------------------|-----|
| 1. Ct. Parminder Singh | 3rd |
|------------------------|-----|

55th Senior National Boxing Championship held at  
Bathinda from 06.09.08 to 12.09.08

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|                             |                           |
|-----------------------------|---------------------------|
| 1. Ct. Amandeep Singh (Jr.) | 1st in Light Fly Weight   |
| 2. HC Amandeep Singh (Sr.)  | 1st in Light Weight       |
| 3. Ct. Ashwani Sharma       | 3rd in Fly Weight         |
| 4. Ct. Ram Singh            | 3rd in Super Heavy Weight |
| 5. Ct. Parminder Singh      | 3rd in Light Heavy Weight |
| 6. Ct. Kulwinder Singh      | Participation             |
| 7. C-II Ranjit Singh        | Participation             |
| 8. ASI Yogesh Kumar         | Participation             |
| 9. ASI Kaur Singh           | Team 3rd as a Coach       |
| 10. ASI Khem Chand          | Team 3rd as a Coach       |

Boxing

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North Zone Boxing Championship held at Jind (Haryana)  
from 10.01.09 to 12.01.09

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|                        |                           |
|------------------------|---------------------------|
| 1. Ct. Kulwinder Singh | 2nd in Light Weight       |
| 2. Ct. Mohd. Habib     | 2nd in Welter Weight      |
| 3. Ct. Surinder Kumar  | 3rd in Light Heavy Weight |
| 4. Ct. Jaswinder Singh | 3rd in Heavy Weight       |
| 5. Ct. Rakesh Kumar    | Participation             |
| 6. ASI Khem Chand      | As a Coach                |
| 7. ASI Kaur Singh      | As a Coach                |

Inter Zonal Boxing Championship held at Mumbai  
from 17.01.09 to 21.01.09

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|                        |                           |
|------------------------|---------------------------|
| 1. Ct. Parminder Singh | 2nd in Light Heavy Weight |
| 2. Ct. Amandeep Singh  | Participation             |
| 3. Ct. Mohd. Habib     | Participation             |

Federation Cup held at Andhra Pradesh from  
25.02.09 to 28.02.09.

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|                           |                            |
|---------------------------|----------------------------|
| 1. Ct. Rakesh Kumar       | 3rd in Light Welter Weight |
| 2. Ct. Gurjaswinder Singh | Participation              |
| 3. Ct. Jaswinder Singh    | Participation              |

1st International A.K. Mishra Boxing Championship  
held at Chandigarh from 11.03.09 to 15.03.09

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|                             |                           |
|-----------------------------|---------------------------|
| 1. Ct. Ram Singh            | 1st in Super Heavy Weight |
| 2. HC Amandeep Singh (Sr.)  | Participation             |
| 3. Ct. Amandeep Singh (Jr.) | Participation             |
| 4. Ct. Ashwani Sharma       | Participation             |
| 5. Ct. Kulwinder Singh      | Participation             |
| 6. Ct. Parminder Singh      | Participation             |
| 7. ASI Khem Chand           | As a Coach                |

Umakhanov Memorial International Boxing Championship held at  
Russia from 08.07.2009 to 12.07.2009

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1. Ct.Amandeep Singh(Jr)            2nd in Light Fly Weight

Senior National Boxing Championship held at  
Hyderabad from 26.10.09 to 01.11.09

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|                        |               |
|------------------------|---------------|
| 1. HC Amandeep         | Participation |
| 2. Ct. Ram Singh       | Participation |
| 3. Ct. Ashwani Sharma  | Participation |
| 4. Ct. Parminder Singh | Participation |
| 5. ASI Khem Chand      | As a Coach    |

North Zone Championship held at Chandigarh  
from 14.12.09 to 16.12.09

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1. Ct. Parminder Singh            1st in Light Heavy Weight

58th All India Police Games-2009 held at Pune (Maharashtra)  
from 06.04.2010 to 10.04.2010

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|                           |                      |
|---------------------------|----------------------|
| 1. Ct. Ram Singh          | 1st in +91 Kg Weight |
| 2. Ct. Rakesh Kumar       | 2nd in 64 Kg Weight  |
| 3. Ct. Gurjaswinder Singh | 3rd in 81 Kg Weight  |
| 4. Ct. Ashwani Sharma     | Participation        |
| 5. Ct. Kulwinder Singh    | Participation        |
| 6. ASI Amandeep Singh     | Participation        |
| 7. Ct. Pawan Kumar        | Participation        |
| 8. HC Harinder Singh      | Participation        |
| 9. Ct. Parminder Singh    | Participation        |
| 10. ASI Khem Chand        | Team 4th as a Coach  |
| 11. HC Harjit Singh       | Team 4th as a Coach  |

Team secured 4th Position

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Boxing

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Senior National Boxing Championship held at New Delhi  
from 10.07.2010 to 16.07.2010

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|                        |               |
|------------------------|---------------|
| 1. Ct. Kulwinder Singh | Participation |
| 2. Ct. Parminder Singh | Participation |
| 3. Ct. Ram Singh       | Participation |
| 4. ASI Khem Chand      | Coach         |
| 5. HC Harjit Singh     | Coach         |

Boxing

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Senior National Boxing Championship held at Khatima (Uttarakhand)  
from 18.05.2013 to 23.05.2013

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|                           |               |
|---------------------------|---------------|
| 1. L/Ct. Gurharkirat Kaur | Participation |
| 2. L/Ct. Balvir Kaur      | Participation |
| 3. L/Ct. Aneeta Rani      | Participation |
| 4. L/Ct. Manpreet Kaur    | Participation |

Boxing

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FXTM International Limassol Boxing Cup held at Limasol  
(Cyprus) from 15.05.2013 to 19.05.2013

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- |                      |               |
|----------------------|---------------|
| 1. Ct. Jagroop Singh | Participation |
|----------------------|---------------|

3rd China Open Boxing Tournament held at Guiyang City  
(China) from 16.06.2013 to 22.06.2013

- 
- |                      |     |
|----------------------|-----|
| 1. Ct. Manjeet Singh | 2nd |
|----------------------|-----|

Boxing

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Asian Boxing Championship held at Amman (Jordan)  
from 01.07.2013 to 08.07.2013

- 
- |                      |               |
|----------------------|---------------|
| 1. Ct. Jagroop Singh | Participation |
|----------------------|---------------|

Boxing

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North Zone Boxing Championship held at Sri Nagar (J&K)  
from 11.10.2013 to 14.10.2013

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- |                      |               |
|----------------------|---------------|
| 1. Ct. Manjit Singh  | 1st           |
| 2. Ct. Deepak Kumar  | 2nd           |
| 3. Ct. Lakhbir Singh | 3rd           |
| 4. Ct. Baghel Singh  | 3rd           |
| 5. L/Ct. Anita Rani  | 2nd           |
| 6. L/Ct. Balvir Kaur | Participation |
| 7. ASI Harjit Singh  | Coach         |

Benzir Butto Memorial International Tournament  
held at Pakisthan from 21.12.11 to 30.12.11

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- |                        |               |
|------------------------|---------------|
| 1. Ct. Parminder Singh | Participation |
| 2. Ct. Manjit Singh    | Participation |

World Police & Fire Games held at Belfast (U.K.)  
from 01.08.2013 to 10.08.2013

- 
- |                     |                     |
|---------------------|---------------------|
| 1. Ct. Gurlal Singh | 1st in 91 Kg Weight |
|---------------------|---------------------|

Boxing

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Senior National Boxing Championship held at Hyderabad
from 30.10.12 to 04.11.12

-
- | | |
|-----------------------|---------------------|
| 1. Ct. Jagroop Singh | 2nd in 81 Kg Weight |
| 2. Ct. Pankaj Saini | 3rd in 49 Kg Weight |
| 3. Ct. Narinder Singh | 2nd in 64 Kg Weight |
| 4. Ct. Manjit Singh | 3rd in 91 Kg Weight |

5. Ct. Iqbir Singh	Participation
6. Ct. Gurlal Singh	Participation
7. Ct. Baghel Singh	Participation
8. Ct. Lakhvir Singh	Participation
9. HC Harjit Singh	Coach
10. ASI Khem Chand	Coach

62nd All India Police Wrestling Cluster-2013
held at Ranchi (Jharkhand) from 09.12.2013 to 13.12.2013

1. Ct. Pankaj Saini	2nd in 49 Kg Weight
2. Ct. Jagdeep Kumar	Participation 52 Kg Weight
3. Ct. Iqkveer Singh	1st in 56 Kg Weight
4. Ct. Deepak Kumar	Participation 60 Kg Weight
5. Ct. Narinder Singh	2nd in 64 Kg Weight
6. Ct. Lakhbir Singh	1st in 69 Kg Weight
7. Ct. Baghel Singh	Participation 75 Kg Weight
8. Ct. Jagroop Singh	Participation 81 Kg Weight
9. Ct. Gurlal Singh	2nd in 91 Kg Weight
10. Ct. Manjit Singh	Participation +91 Kg Weight

Women

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|                           |                            |
|---------------------------|----------------------------|
| 1. L/Ct. Gurharkirat Kaur | Participation 48 Kg Weight |
| 2. L/Ct. Balbir Kaur      | 3rd in 57 Kg Weight        |
| 3. L/Ct. Anita Rani       | 3rd in 64 Kg Weight        |

#### Boxing

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Senior Women National Championship held at Raikot (Jharkhand)  
from 11.10.2014 to 16.10.2014

|                      |               |
|----------------------|---------------|
| 1. L/Ct. Anita Rani  | Participation |
| 2. Ct. Jagdeep Singh | As a Coach    |

#### Boxing

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63rd All India Police Wrestling Cluster-2014  
held at New Delhi from 01.03.2015 to 05.03.2015

|                      |                     |
|----------------------|---------------------|
| 1. CT Jagdeep Kumar  | 1st in 49 Kg Weight |
| 2. CT Pankaj Saini   | 3rd in 52 Kg Weight |
| 3. CT Deepak Kumar   | 3rd in 60 Kg Weight |
| 4. CT Surinder Singh | 3rd in 64 Kg Weight |
| 5. CT Narinder Singh | 2nd in 69 Kg Weight |
| 6. CT Baghel Singh   | 3rd in 75 Kg Weight |
| 7. L/CT Balbir Kaur  | 2nd in 60 Kg Weight |
| 8. L/CT Anita Rani   | 2nd in 64 Kg Weight |
| 9. CT Jagdeep Singh  | Team 2nd as a Coach |

**64<sup>TH</sup> ALL INDIA POLICE WRESTLING CULSTER-2015 AT MADHUBAN  
FROM 7<sup>TH</sup> TO 11<sup>TH</sup> DECEMBER- 2015**

**BOXING (MEN)**

- |                                 |                     |
|---------------------------------|---------------------|
| 1. CT JAGDEEP KUMAR NO. 160/JAL | 2nd in 52 Kg Weight |
| 2. CT BAGEL SINGH NO. 3-IRB/771 | 2nd in 75 Kg Weight |
| 3. CT JAGROOP SINGH NO. 1288/TT | 3rd in 81 Kg Weight |
| 4. CT LAKHBIR SINGH NO. 420/PTL | 3rd in 91 Kg Weight |

**TEAM CHAMPIONSHIP**

**SECOND RUNNERS UP PUNJAB POLICE & ASSAM RIFLES**

**BOXING (WOMEN)**

- |                                 |                     |
|---------------------------------|---------------------|
| 1. CT BALBIR KAUR NO. 3-IRB/663 | 3rd in 60 Kg Weight |
| 2. CT MANPRET KAUR NO.          | 2nd in 81 Kg Weight |

**SHAHEED BHAGAT SINGH BOXING CHAMPIONSHIP  
FROM 14<sup>TH</sup> TO 19<sup>TH</sup> FEBRUARY- 2016**

- |                    |            |
|--------------------|------------|
| 1. Ct Pankaj Saini | Gold Medal |
| 2. L/Ct Anita Rani | Gold Medal |