

ACHIEVEMENTS OF PUNJAB POLICE WRESTLING TEAM

1994

SENIOR NATIONAL WRESTLING CHAMPIONSHIP-CHANDIGARH

GRECO ROMAN STYLE

1.CT.Gurjant Singh	3rd in 48 Kg Weight
2.ASI.Rajinder Singh	2nd in 57 Kg Weight
3.SI Jagjit Singh	3rd in 74 Kg Weight
4.HC.Avtar Singh	2nd in 90 Kg Weight
5.ASI.Jaspal Singh	3rd in 100 Kg Weight
6.ASI.Kirpal Singh	3rd in 130 Kg Weight

FREE STYLE

1.ASI.Mukesh Kumar	Ist in 62 Kg Weight
2.ASI.Subash	2nd in 62 Kg Weight
3.ASI.Ajay Singh	4th in 68 Kg Weight
4.HC.Harpreet Singh	4th in 74 Kg Weight
5.Inspr.Kehar Singh	Ist in 100 Kg Weight
6.ASI.Shamsher Singh	2nd in 100 Kg Weight
7.CT.Jagdish Singh	3rd in 130 Kg Weight

3RD NATIONAL GAMES-PUNE

FREE STYLE

1.HC.Ram Kesh	3rd in 48 Kg weight
2.HC.Surinder Singh	3rd in 52 Kg Weight
3.ASI.Mukesh Kumar	Ist in 62 Kg Weight
4.ASI.Subash	2nd in 62 Kg Weight
5.ASI.Ajay Singh	2nd in 68 Kg Weight
6.HC.Harpreet Singh	2nd in 74 Kg Weight
7.SI.Sunny Gill	Ist in 90 Kg Weight
8.CT.Jagdish Singh	3rd in 130 Kg Weight

GRECO ROMAN STYLE

1.CT.Gurjant Singh	2nd in 48 Kg Weight
2.HC.Surinder Singh	3rd in 62 Kg weight
3.HC.Jora Singh	Ist in 68 Kg Weight
4.HC.Karamvir Singh	2nd in 68 Kg Weight
5.SI.Jagjit Singh	Ist in 74 Kg Weight
6.HC.Avtar Singh	3rd in 90 Kg Weight
7.ASI.Jaspal Singh	2nd in 100 Kg Weight
8.ASI.Kirpal Singh	3rd in 130 Kg Weight
9.CT.Jagdish Singh	3rd in 130 Kg Weight

NORTH ZONE POLICE GAMES-JALANDHAR

1.HC.Ram Kesh	3rd in 48 Kg weight
2.HC.Surinder Singh	2nd in 52 Kg weight
3.ASI.Deepak Yadav	3rd in 52 Kg Weight
4.HC.Rajinder Singh	3rd in 57 Kg Weight
5.ASI.Mukesh Kumar	Ist in 62 Kg Weight
6.ASI.Subash	2nd in 62 Kg Weight
7.ASI.Ajay Singh	Ist in 68 Kg Weight
8.HC.Harpreet Singh	3rd in 74 Kg weight
9.ASI.Pawan Kumar	2nd in 82 Kg weight
10.ASI.Shamsher Singh	Ist in 90 Kg Weight
11 HC.Avtar Singh	2nd in 90 Kg Weight
12.Inspr.Kehar Singh	Ist in 100 Kg Weight
13.ASI.Azad Singh	2nd in 130 Kg Weight
14.SI.Shingara Singh	3rd in 130 Kg Weight

XLIII ALL INDIA POLICE GAMES-JAIPUR

1.HC.Surinder Singh	3rd in 52 Kg Weight
2.ASI.Mukesh 'Kumar	Ist in 62 Kg Weight
3.ASI.Ajay Singh	Ist in 68 Kg Weight
4.HC.Pawan Kumar	2nd in 82 Kg Weight
5.ASI.Shamsher Singh	Ist in 90 Kg Weight
6.Inspr.Kehar Singh	Ist in 100 Kg Weight
7.ASI.Azad Singh	2nd in 130 Kg Weight

WORLD WRESTLING CHAMPIONSHIP-AUSTRALIA

1.ASI.Jagjit Singh	8th in 74 Kg Weight
--------------------	---------------------

INTERNATIONAL WRESTLING TOURNAMENT-POLAND

1.ASI.Rajinder Kumar	Participated in 57 Kg Weight
2.HC.Karamvir Singh	Participated in 68 Kg Weight
3.SI.Jagjit Singh	Participated in 74 Kg Weight

COMMON WEALTH GAMES-CANADA

1.ASI.Jagdish Singh	3rd in 130 Kg Weight
---------------------	----------------------

COMMON WEALTH GAMES-HUNGARY

1.ASI.Jagdish Singh	4th in 130 Kg Weight
---------------------	----------------------

TAKHTI CUP WRESTLING TOURNAMENT-TEHRAN

1.SI.Jagjit Singh	3rd in 74 Kg Weight
-------------------	---------------------

1995

ALL INDIA HOLLA MOHALLA WRESTLING TOURNAMENT-JALANDHAR

1.ASI.Ram Kesh	Ist in 50 Kg Weight
2.CT.Ram Pal	2nd in 50 Kg Weight
3.HC.Surinder Singh	Ist in 60 Kg Weight

4.ASI.Deepak Yadav	2nd in 60 Kg Weight
5.CT.Manoj Kumar	3rd in 60 Kg Weight
6.CT.Ranbir Singh	Ist in 70 Kg Weight
7.HC.Jora Singh	2nd in 70 Kg Weight
8.ASI.Pawan Kumar	2nd in 80 Kg Weight
9.CT.Avtar Singh	3rd in 80 Kg Weight
10.ASI.Shamsher Singh	Ist in 100 Kg Weight
11.ASI.Jadish Singh	2nd in +100 Kg Weight
12.SI.Sunny Gill	3rd in +100 Kg Weight

ALL INDIA BHARAT KESRI WRESTLING TOURNAMENT-MANANHANA

1.CT.Raj Pal	Ist in 48 Kg Weight
2.ASI.Ram Kesh	2nd in 48 Kg Weight
3.CT.Baljit Singh	3rd in 48 Kg Weight
4.HC.Surinder Singh	Ist in 57 Kg Weight
5.CT.Manoj Kumar	2nd in 57 Kg Weight
6.ASI.Mukesh Kumar	2nd in 68 Kg Weight
7.CT.Ramesh Kumar	3rd in 68 Kg Weight
8.CT.Sarwar Singh	3rd in 82 Kg Weight
9.ASI.Azad Singh	4th in 100 Kg Weight
10.SI.Sunny Gill	2nd in +100 Kg Weight

XLIV ALL INDIA POLICE GAMES-JALANDHAR

1.CT.Baljit Singh	2nd in 48 Kg weight
2.ASI.Deepak Yadav	Ist in 52 Kg Weight
3.HC.Manoj Kumar	2nd in 52 Kg Weight
4.HC.Surinder Singh	2nd in 57 Kg Weight
5.ASI.Mukesh Kumar	Ist in 62 Kg Weight
6.ASI.Subash	2nd in 62 Kg Weight
7.ASI.Ajay Singh	Ist in 68 Kg Weight
8.HC.Harpreet Singh	2nd in 68 Kg Weight
9.Inspr.Jagjit Singh	Ist in 74 Kg Weight
10.ASI.Pawan Kumar	2nd in 74 Kg Weight
11.ASI.Parminder Singh	2nd in 82 Kg Weight
12.CT.Rambir Singh	3rd in 82 Kg Weight
13.ASI.Shamsher Singh	2nd in 90 Kg Weight
14.ASI.Azad Singh	2nd in 100 Kg Weight
15.Inspr.Kehar Singh	4th in 100 Kg Weight
16.ASI.Jagdish Singh	Ist in 130 Kg Weight
17.SI.Sunny Gill	2nd in 130 Kg Weight

Note:-Punjab Police Wrestling Team Won the Championship
with 93 Points.

IST SENIOR GRECO ROMAN WRESTLING TOURNAMENT-MANILA

- | | |
|---------------------|------------------------------|
| 1.HC.Karambir Singh | Participated in 68 Kg Weight |
| 2.ASI.Mukesh Kumar | Participated in 68 Kg Weight |
| 3.ASI.Pawan Kumar | Participated in 74 Kg Weight |
| 4.HC.Gurjant Singh | Participated in 48 Kg Weight |

WORLD POLICE & FIRE GAMES-MELBOURNE (AUSTRALIA)

- | | |
|--------------------|---|
| 1.ASI.Mukesh Kumar | Ist in 62 Kg Weight (Free Style) |
| | 2nd in 62 Kg Weight (Greco Roman Style) |

7TH SOUTH ASIAN FEDERATION GAMES-CHENNAI

- | | |
|--------------------|---------------------|
| 1.SI Subash | Ist in 62 Kg Weight |
| 2.ASI Sarwar Singh | Ist in 90 Kg Weight |

1996

XLV ALL INDIA POLICE GAMES-NEW DELHI

1.CT.Baljit Singh	2nd in 48 Kg weight
2.HC.Ram Kesh	3rd in 48 Kg Weight
3.HC.Manoj Kumar	Ist in 52 Kg Weight
4.ASI.Deepak Yadav	3rd in 52 Kg Weight
5.HC.Surinder Singh	3rd in 57 Kg Weight
6.ASI.Satish Kumar	4th in 57 Kg Weight
7.ASI.Mukesh Kumar	Ist in 62 Kg Weight
8.CT.Jasbir Singh	4th in 62 Kg Weight
9.ASI.Ajay Singh	3rd in 68 Kg Weight
10.HC.Harpreet Singh	4th in 68 Kg Weight
11.ASI.Pawan Kumar	Ist in 74 Kg Weight
12.Inspr.Jagjit Singh	2nd in 74 Kg Weight
13.ASI.Davinder Singh	Ist in 82 Kg Weight
14.ASI.Shamsher Singh	3rd in 90 Kg Weight
15.ASI.Sarwar Singh	4th in 90 Kg Weight
16.CT.Harjit Singh	3rd in 100 Kg Weight
17.CT.Harwinder Singh	4th in 100 Kg Weight
18.ASI.Jagdish Singh	Ist in 130 Kg Weight
19.ASI.Shingara Singh	3rd in 130 Kg Weight

Note:-Punjab Police Wrestling Team Won the Championship
with 91 Points.

ALL INDIA BHARAT KESRI WRESTLING TOURNAMENT-MANANHANA

1.HC.Manoj Kumar	Ist in 54 Kg Weight
2.CT.Pawan Kumar	3rd in 54 Kg Weight
3.CT.Mohinder Singh	4th in 54 Kg Weight
4.CT.Jasbir Singh	3rd in 64 Kg Weight
5.ASI.Ajay Singh	2nd in 76 Kg Weight
6.HC.Harpreet Singh	4th in 76 Kg Weight
7.ASI.Davinder Singh	Ist in 84 Kg Weight
8.ASI.Jagdish Singh	2nd in 130 Kg Weight
9.ASI.Shamsher Singh	3rd in 130 Kg Weight

12TH ASIAN GRECO ROMAN & FREE STYLE WRESTLING CHAMPIONSHIP-CHINA

1.ASI.Mukesh Kumar	Participated in 68 Kg Weight
2.HC.Gurjant Singh	Participated in 48 Kg Weight
3.ASI.Ajay Singh	Participated in 76 Kg Weight
4.ASI.Shamsher Singh	Participated in 90 Kg Weight
5.ASI.Jagdish Singh	Participated in 130 Kg Weight
6.Inspr.Jagjit Singh	Participated in 74 Kg Weight
7.HC.Rajinder Singh	Participated in Kg Weight
8.ASI.Sarwar Singh	Participated in 90 Kg Weight

43RD SENIOR NATIONAL WRESTLING CHAMPIONSHIP-JALANDHAR

GRECO ROMAN STYLE

- | | |
|----------------------|-----------------------|
| 1.CT.Roop Lal | 3rd in 48 Kg Weight |
| 2.CT.Gurjant Singh | 3rd in 52 Kg Weight |
| 3.CT.Rajinder Singh | Ist in 57 Kg Weight |
| 4.HC.Gurwinder Singh | Ist in 62 Kg Weight |
| 5.HC.Karambir Singh | Ist in 68 Kg Weight |
| 6.CT.Sanjay | 3rd in 74 Kg Weight |
| 7.Inspr.Jagjit Singh | Ist in 82 Kg Weight |
| 8.CT.Harjit Singh | 4th in 90 Kg Weight |
| 9.ASI.Azad Singh | 2nd in 100 Kg Weight |
| 10.ASI.Kirpal Singh | Ist in +100 Kg Weight |

Note:-Punjab State Wrestling Team Secured Ist
Position with 90 Points

FREE STYLE

- | | |
|----------------------|----------------------|
| 1.HC.Baljit Singh | 2nd in 48 Kg Weight |
| 2.HC.Manoj Kumar | 3rd in 52 Kg Weight |
| 3.HC.Surinder Singh | 3rd in 57 Kg Weight |
| 4.ASI.Mukesh Kumar | Ist.in 62 Kg Weight |
| 5.ASI.Subash | 5th in 68 Kg Weight |
| 6.ASI.Pawan Kumar | 3rd in 74 Kg Weight |
| 7.ASI.Davinder Singh | Ist in 82 Kg Weight |
| 8.ASI.Shamsher Singh | 2nd in 90 Kg Weight |
| 9 ASI.Jagdish Singh | Ist in 130 Kg Weight |

Note:-Punjab State Wrestling Team Secured 2nd
Position with 82 Points

Wrestling

1997

12TH ASIAN SENIOR WRESTLING CHAMPIONSHIP-TEHRAN

FREE STYLE

1.HC.Manoj Kumar	Participated in 54 Kg Weight
2.ASI.Sarwar Singh	Participated in 85 Kg Weight
3.ASI.Shamsher Singh	Participated in 97 Kg Weight
4.ASI.Jagdish Singh	Participated in 125 Kg Weight

GRECO ROMAN STYLE

1.HC.Karambir Singh	Participated in 69 Kg Weight
2.Inspr.Jagjit Singh	Participated in 76 Kg Weight

30TH PUNJAB STATE WRESTLING CHAMPIONSHIP-RAIPUR DUBBA (NSR)

1.CT.Mandeep Kumar	Ist in 54 Kg Weight
2.CT.Rajesh Sharma	2nd in 58 Kg Weight
3.HC.Harpreet Singh	Ist in 66 Kg Weight
4.CT.Ram Phal	Ist in 69 Kg Weight
5.CT.Ranbir Singh	Ist in 85 Kg Weight
6.CT.Harjit Singh	Ist in 97 Kg Weight
7.ASI.Kirpal Singh	Ist In+97 Kg Weight

108 SHREEMAN SANT BABA HARI SINGH JI MEMORIAL WRESTLING TOURNAMENT-MANANHANA

1.HC.Manoj Kumar	Ist in 55 Kg Weight
2.CT.Satpal Singh	2nd in 55 Kg Weight
3.Inspr.Jagjit Singh	2nd in 85 Kg Weight
4.SI.Shamsher Singh	3rd in 130 Kg Weight

4TH NATIONAL GAMES-BANGALORE

FREE STYLE

1.HC.Baljit Singh	Ist in 54 Kg Weight
2.HC.Surinder Singh	Ist in 58 Kg Weight
3.SI.Mukesh Kumar	Ist in 63 Kg Weight
4.CT.Jasbir Singh	3rd in 69 Kg Weight
5.ASI.Pawan Kumar	3rd in 76 Kg Weight
6.ASI.Davinder Kumar	Ist in 85 Kg Weight
7.ASI.Shamsher Singh	Ist in +97 Kg Weight

Note :-Punjab State Wrestling Team Won the Overall Championship.

GRECO ROMAN STYLE

- | | |
|----------------------|----------------------|
| 1.HC.Gurjant Singh | 2nd in 54 Kg Weight |
| 2.CT.Rajinder Singh | Ist in 58 Kg Weight |
| 3.HC.Gurwinder Singh | Ist in 63 Kg Weight |
| 4.HC.Karambir Singh | Ist in 69 Kg Weight |
| 5.CT.Ranbir Singh | 3rd in 76 Kg Weight |
| 6.Inspr.Jagjit Singh | Ist in 85 Kg Weight |
| 7.ASI.Azad Singh | 3rd in 97 Kg Weight |
| 8.ASI.Kirpal Singh | Ist in +97 Kg Weight |

Note :-Punjab State Wrestling Team Won the Overall Championship.

WORLD POLICE & FIRE GAMES-CALGARY (CANADA)

- | | |
|---------------------|--|
| 1.SI.Mukesh Kumar | Ist in 62 Kg Weight (Free Style) |
| | Ist in 62 Kg Weight (Greco Roman Style) |
| 2.ASI.Jagdish Singh | Ist in 130 Kg Weight (Free Style) |
| | Ist in 130 Kg Weight (Greco Roman Style) |

18TH JUNIOR NATIONAL WRESTLING CHAMPIONSHIP-CHITORGARH

- | | |
|------------------------|---|
| 1.CT.Gurinderjit Singh | Ist in 60 Kg Weight (Greco Roman Style) |
| 2.CT.Rajesh Sharma | 2nd in 65 Kg Weight (Greco Roman Style) |

5TH ALL INDIA RUSTAM-E-HIND WRESTLING CHAMPIONSHIP-CHABBEWAL

- | | |
|-----------------------|---------------------|
| 1.HC.Ram Kesh | Ist in 55 Kg Weight |
| 2.CT.Sarup Singh | 2nd in 55 Kg Weight |
| 3.ASI.Gurwinder Singh | Ist in 65 Kg Weight |
| 4.CT.Surinder Singh | 2nd in 65 Kg Weight |
| 5.SI.Mukesh Kumar | Ist in 75 Kg Weight |
| 6.ASI.Karamvir Singh | 2nd in 75 Kg Weight |
| 7.CT.Ranbir Singh | 3rd in 75 Kg Weight |
| 8.HC.Harpreet Singh | 4th in 75 Kg Weight |
| 9.ASI.Davinder Kumar | Ist in 85 Kg Weight |
| 10.CT.Ranbir Singh | 3rd in 85 Kg Weight |
| 11.Inspr.Jagjit Singh | 4th in 85 Kg Weight |
| 12.ASI.Jagdish Singh | Ist in Open Weight |
| 13.ASI.Shamsher Singh | 2nd in Open Weight |
| 14.CT.Harjit Singh | 3rd in Open Weight |
| 15.CT.Harwinder Singh | 4th in Open Weight |

INTERNATIONAL WRESTLING ALEYANDRA GOLD CUP-GREECE

- | | |
|-----------------------|---------------------|
| 1.HC.Rajesh Sharma | 2nd in 58 Kg Weight |
| 2.ASI.Gurwinder Singh | 3rd in 58 Kg Weight |

46TH ALL INDIA POLICE GAMES-DELHI

FREE STYLE

- | | |
|----------------------|---------------------|
| 1.ASI Baljit Singh | Ist in 54 Kg Weight |
| 2.CT.Surinder Singh | 5th in 58 Kg Weight |
| 3.SI.Mukesh Kumar | Ist in 63 Kg Weight |
| 4.CT.Jasbir Singh | 3rd in 69 Kg Weight |
| 5.ASI.Davinder Yadav | 2nd in 85 Kg Weight |

6.ASI.Pawan Kumar	3rd in 85 Kg Weight
7.CT.Harjit Singh	3rd in 97 Kg Weight
8.SI.Jagdish Singh	Ist in +97 Kg Weight
9.ASI.Parvinder Singh	3rd in +97 Kg Weight

Punjab Police Free Style Team Secured 2nd position with 65 Points

GRECO ROMAN STYLE

1.HC.Gurjant Singh	Ist in 54 Kg Weight
2.HC.Rajesh Sharma	3rd in 54 Kg Weight
3.HC.Rajinder Singh	Ist in 58 Kg Weight
4.CT.Gurwinderjit Singh	2nd in 58 Kg Weight
5.ASI.Gurwinder Singh	Ist in 63 Kg Weight
6.CT.Pardeep Kumar	4th in 63 Kg Weight
7.HC.Karambir Singh	Ist in 69 Kg Weight
8.HC.Surinder Singh	7th in 69 Kg Weight
9.CT.Ranbir Singh	Ist in 76 Kg Weight
10.HC.Jora Singh	3rd in 76 Kg Weight
11.SPO.Satish Kumar	Ist in 85 Kg Weight
12.ASI.Azad Singh	3rd in 97 Kg Weight
13.CT.Harjit Singh	4th in 97 Kg Weight
14.ASI.Kirpal Singh	Ist in +97 Kg Weight
15.HC.Avtar Singh	4th in +97 Kg Weight

Punjab Police Greco Roman Style Team Won the overall Championship with 78 Points

1998

2ND NORTH ZONE CHAMPIONSHIP-JAMMU

1.CT.Sarup Singh	3rd in 58 Kg Weight
2.CT.Gurinderjit Singh	2nd in 69 Kg Weight
3.CT.RamPhal	Ist in 63 Kg Weight
4.HC.Jora Singh	3rd in 76 Kg Weight
5.HC.Avtar Singh	Ist in +97 Weight

INTERNATIONAL MUSTAFFA GOLD CUP-EGYPT

GRECO ROMAN STYLE

1.HC.Rajesh Sharma	2nd in 54 Kg Weight
2.ASI.Gurinderjit Singh	3rd in 63 Kg Weight
3.SI.Mukesh Kumar	Ist in 63 Kg Weight
4.ASI.Jagdish Singh	3rd in +92 Kg Weight

JUNIOR NATIONAL CHAMPIONSHIP UDAIPUR

1.CT.Mandeep Kumar	3rd in Kg Weight
2.Ram Phal	2nd in Kg Weight
3.CT.Gurinder Singh	Participation
5.CT.Somnath Singh	Participation
6.CT.Pawan Kumar	Participation

ASIAN CHAMPIONSHIP KAZAKISTAN

- | | |
|-------------------------|----------------------|
| 1.HC.Rajesh Sharma | 4th in 54 Kg Weight |
| 2.ASI.Gurinderjit Singh | 3rd in 63 Kg Weight |
| 3.SI.Mukesh Kumar | Ist in 63 Kg Weight |
| 4.ASI.Jagdish Singh | 3rd in +92 Kg Weight |

47TH ALL INDIA POLICE GAMES-MADHUBAN

FREE STYLE

- | | |
|----------------------|----------------------|
| 1.ASI Baljit Singh | Ist in 54 Kg Weight |
| 2.ASI Mukesh | 3rd in 69 Kg Weight |
| 3.ASI Pawan Kmar | Ist in 76 Kg Weight |
| 4.ASI Davinder Singh | 2nd in 85 Kg Weight |
| 5.ASI Shamsher Singh | Ist in 97 Kg Weight |
| 6.SI.Jagdish Singh | Ist in +97 Kg Weight |

Punjab Police Free Style Team Secured 2nd position
with 67 Points

GRECO ROMAN STYLE

- | | |
|----------------------|----------------------|
| 1.ASI.Gurjant Singh | Ist in 54 Kg Weight |
| 2.HC.Rajinder Singh | Ist in 58 Kg Weight |
| 3.HC.Rajesh Sharma | 3rd in 58 Kg Weight |
| 4.HC.Surinder Singh | Ist in 63 Kg Weight |
| 5.HC.Gurwinder Singh | Ist in 69 Kg Weight |
| 6.HC.Karambir Singh | 2nd in 69 Kg Weight |
| 7.CT.Ranbir Singh | Ist in 76 Kg Weight |
| 8.HC.Jora Singh | 3rd in 76 Kg Weight |
| 9.Inspr.Jagjit Singh | Ist in 85 Kg Weight |
| 10.HC.Avtar Singh | 3rd in 97 Kg Weight |
| 11.ASI.Kirpal Singh | 3rd in +97 Kg Weight |

Punjab Police Greco Roman Style Team Won the overall
Championship with 76 Points

ASIAN GAMES-BANGKOK-1998

- | | |
|-----------------------|---------------|
| 1.Inspr.Jagdish Singh | Participation |
| 2.SI.Mukesh Kumar | Participation |
| 3.Gurbinder Singh | Participation |

45TH SENIOR NATIONAL CHAMPIONSHIP-NASIK

Greco Roman

- | | |
|-----------------------|----------------------|
| 1.HC.Gurjant Singh | 2nd in 54 Kg Weight |
| 2.HC.Rajinder Singh | Ist in 58 Kg Weight |
| 3.ASI.Gurbinder Singh | Ist in 63 Kg Weight |
| 4.HC.Karambir Singh | 2nd in 69 Kg Weight |
| 5.HC.Ranbir Singh | 2nd in 76 Kg Weight |
| 6.Inspr.Jagjit Singh | Ist in 85 Kg Weight |
| 7.ASI.Karpal Singh | 2nd in +97 Kg Weight |
| 8.ASI.Avtar Singh | 5th in 97 Kg Weight |

Free Style

1.ASI.Baljit Singh	2nd in 54 Kg Weight
2.ASI.Deepak Yadav	7th in 58 Kg Weight
3.CT.Surinder Singh	5th in 63 Kg Weight
4.CT.Ram Phal	7th in 69 Kg Weight
5.CSI.Pawan Kumar	2nd in 76 Kg Weight
6.ASI.Shamsher Singh	Ist in 97 Kg Weight

1999

 NATIONAL GAMES-IMPHAL(MANIPUR)
 ~~~~~

|                       |                      |
|-----------------------|----------------------|
| 1.ASI.Baljit Singh    | 4th in 54 Kg Weight  |
| 2.CT.Surinder Singh   | 2nd in 58 Kg Weight  |
| 3.Inspr.Mukesh Kumar  | Ist in 63 Kg Weight  |
| 4.CT.Ram Phal         | 4th in 69 Kg Weight  |
| 5.ASI.Pawan Kumar     | 2nd in 76 Kg Weight  |
| 6.ASI.Shamsher Singh  | Ist in 97 Kg Weight  |
| 7.Inspr.Jagdish Singh | Ist in +97 Kg Weight |

Greco Roman  
 -----

|                       |                     |
|-----------------------|---------------------|
| 1.ASI.Gurjant Singh   | 2nd in 54 Kg Weight |
| 2.ASI.Rajinder Singh  | Ist in 58 Kg Weight |
| 3.ASI.Gurbinder Singh | Ist in 63 Kg Weight |
| 4.HC.Karambir Singh   | 2nd in 69 Kg Weight |
| 5.HC.Ranbir Singh     | Ist in 76 Kg Weight |
| 6.Inspr.Jagjit Singh  | Ist in 85 Kg Weight |

ALL INDIA KEASHABA JADHAV SHIVSHANI CHASHAK-KOLHAPUR  
 ~~~~~

FREE STYLE

1.Inspr.Mukesh Kumar	Ist in 63 Kg Weight
----------------------	---------------------

Greco Roman

1.ASI.Gurjent Singh	Ist in 58 Kg Weight
2.ASI.Rajinder Singh	2nd in 63 Kg Weight
3.ASI.Gurwinder Singh	3rd in 63 Kg Weight
4.ASI.Karambir Singh	Ist in 69 Kg Weight
5.HC.Ranbir singh	Ist in 76 Kg Weight
5.ASI.Davinder Singh	3rd in 85 Kg Weight

300 YEARS CELEBRATION DAYS -ANANDPUR SAHIB

1.HC.Rajesh Sharma	4th in 54 Kg Weight
2.Inspr.Mukesh Kumar	Ist in 63 Kg Weight
3.ASI.Gurbinder Singh	2nd in 63 Kg Weight
4.ASI.Pawan Kumar	2nd in 76 Kg Weight
5.Inspr.Jagdish Singh	Ist in +85 Kg Weight
6.SI.Samsher Singh	2nd in +85 Kg Weight
7.CT.Harwinder Singh	4th in +85 Kg Weight

WORLD POLICE & FIRE GAMES-STOCKHOLM (SWEDEN)16 TO 24 JULY
 ~~~~~

GRECO ROMAN

-----

- |                       |                      |
|-----------------------|----------------------|
| 1.Inspr.Jagdish Singh | Participation +97 Kg |
| 2.Inspr.Mukesh Kumar  | Participation 69 Kg  |
| 3.SI.Shamsher Singh   | Participation 97 Kg  |

FREE STYLE

-----

- |                       |                      |
|-----------------------|----------------------|
| 1.Inspr.Jagdish Singh | Ist in +97 Kg Weight |
| 2.Inspr. Mukesh Kumar | Ist in 69 Kg Weight  |
| 3.SI.Shamsher Singh   | Ist in 97 Kg Weight  |

S.A.F.GAMES KATHMANDU(NEPAL)

~~~~~

- | | |
|-------------------------|---------------------|
| 1.Inspr.SI.Mukesh Kumar | Ist in 63 Kg Weight |
| 2.SI.Shamsher Singh | Ist in 97 Kg Weight |
| 3.ASI.Pawan Kumar | Ist in 76 Kg Weight |

48TH ALL INDIA POLICE GAMES--JALANDHAR 26 TO 30 OCT.

~~~~~

FREE STYLE

~~~~~

- | | |
|------------------------|----------------------|
| 1.ASI.Baljit Singh | 3rd in 54 Kg Weight |
| 2.CT.Surinder Singh | Ist in 58 Kg Weight |
| 3.Inspr.Mukesh Kumar | Ist in 69 Kg Weight |
| 4.ASI.Pawan Kumar | Ist in 76 Kg Weight |
| 5.CT.Sukhraj Singh | 4th in 76 Kg Weight |
| 6.ASI.Davinder Singh | Ist in 85 Kg Weight |
| 7.CT.Sandeep Kumar | 3rd in 85 Kg Weight |
| 8.SI.Shamsher Singh | Ist in 97 Kg Weight |
| 9.ASI.Harwinder Singh | 2nd in 97 Kg Weight |
| 10.ASI.Sarwar Singh | Ist in +97 Kg Weight |
| 11.ASI.Parminder Singh | 2nd in +97 Kg Weight |

Note :-Punjab Police Won The Championship with 70 Points

GRECO ROMAN

~~~~~

- |                       |                      |
|-----------------------|----------------------|
| 1.Ct.Mandeep Singh    | 2nd in 54 Kg Weight  |
| 2.HC.Rajesh Sharma    | 2nd in 58 Kg Weight  |
| 3.ASI.Gurbinder Singh | Ist in 63 Kg Weight  |
| 4.Ct.Gurwinder Singh  | 4th in 63 Kg Weight  |
| 5.ASI.Karambir Singh  | Ist in 69 Kg Weight  |
| 6.HC.Ranbir Singh     | Ist in 76 Kg Weight  |
| 7.Inspr.Jagjit Singh  | Ist in 85 Kg Weight  |
| 8.HC.Jora Singh       | 3rd in 85 Kg Weight  |
| 9.ASI.Azad Singh      | Ist in 97 Kg Weight  |
| 10.ASI.Kirpal Singh   | 2nd in +97 Kg Weight |
| 11.Ct.Harinder Singh  | 3rd in +97 Kg Weight |

Punjab Police Won The Championship with 77 Points

2000

-----

SENIOR NATIONAL CHAMPIONSHIP-AMRAVATI MAHARASHTRA FROM 29TH TO 3RD DEC.

-----

FREE STYLE

-----

- |                      |                     |
|----------------------|---------------------|
| 1.Inspr.Mukesh Kumar | Ist in 63 Kg Weight |
|----------------------|---------------------|

2.ASI.Pawan Kumar                   3rs in 76 Kg Weight  
3.CT.Surinder Singh                 2nd in 58 Kg Weight

GREECO ROMAN

-----

1.ASI.Rajinder Singh                3rd in 58 Kg Weight  
2.SI.Gurbinder Singh                Ist in 63 Kg Weight  
3.ASI.Kamalvir Singh                2nd in 69 Kg Weight  
4.HC.Ranbir Singh                   Ist in 76 Kg Weight  
5.CT.Sikander Singh                 2nd in 85 Kg Weight  
6.CT.Harinder Singh                 2nd in 97 Kg Weight  
Team Ist in Greeco Roman and 3rd in Free Style

SYDNEY OLYMPIC-2000

-----

GREECO ROMAN

-----

1.SI.Gurbinder Singh                Participated in 63 Kg Weight

2001

=====

KHASHABA IADHAO CHASHAK NATIONAL WRESTLING CHAMPIONSHIP  
HELD AT KATOL(NAGPUR) FROM 18.01.01 TO 21.01.01.

=====

FREE STYLE

=====

|                     |                               |
|---------------------|-------------------------------|
| 1.CT.Ravinder Kumar | Participation in 54 Kg Weight |
| 2.CT.Rakesh Kumar   | 3rd in 58 Kg Weight           |
| 3.CT.Om Bir         | 4th in 63 Kg Weight           |
| 4.HC.Ram Phul       | 2nd in 69 Kg Weight           |
| 5.CT.Jung Bhadur    | 3rd in 76 Kg Weight           |
| 6.CT.Ibderpal Singh | Participating in 97 Kg Weight |
| 7.CT.Kultar Singh   | 3rd in +97 Kg Weight          |

GRECO ROMAN

-----

|                         |                      |
|-------------------------|----------------------|
| 1.CT.Ravinder Singh     | 5th in 54 Kg Weight  |
| 2.ASI.Rajinder Singh    | 1st in 58 Kg Weight  |
| 3.CT.Bhupinder Singh    | 5th in 63 Kg Weight  |
| 4.ASI.Karamvir Singh    | 1st in 69 Kg Weight  |
| 5.HC.Ram Bir Singh      | 1st in 76 Kg Weight  |
| 6.CT.ASI.Davinder Singh | 2nd in 85 Kg Weight  |
| 7.CT.Harinder Singh     | 4th in 97 Kg Weight  |
| 7.CT.Parwinder Singh    | 4th in +97 Kg Weight |

ALL INDIA HOLLA MOHALLA TOURNAMENT HELD AT JALANDHAR  
FROM 13.04.01 TO 15.04.01.

=====

|                        |                       |
|------------------------|-----------------------|
| 1.CT.Ravinder Kumar    | 2nd in 55 Kg Weight   |
| 2.CT.Ravi kumar        | 3rd in 55 Kg Weight   |
| 3.CT.Mandeep Kumar     | 5th in 55 Kg Weight   |
| 4.SI.Gurwinder Singh   | 1st in 65 Kg Weight   |
| 5.CT.Gurinder Singh    | 2nd in 65 Kg Weight   |
| 6.CT.Rakesh Kumar      | 3rd in 65 Kg Weight   |
| 7.CT.Jang Bhadur       | 1st in 75 Kg Weight   |
| 8.CT.Parveen Singh     | 3rd in 75 Kg Weight   |
| 9.CT.Sikander Singh    | 5th in 75 Kg Weight   |
| 10.CT.Sandeep Kumar    | 2nd in 85 Kg Weight   |
| 11.ASI.Pawan Kumar     | 3rd in 85 Kg Weight   |
| 12.CT.Sukhraj Singh    | 5th in 85 Kg Weight   |
| 13.HC.Palwinder Cheema | 1st in + 85 Kg Weight |

- 14.HC.Amandeep Sondhi                    2nd in + 85 Kg Weight  
 15.HC.Harwinder Singh                    3rd in + 85 Kg Weight

MUSTAFA WORLD CUP HELD AT EGYPT

=====

- 1.HC.Palwinder Singh                    2nd in + 97 Kg Weight  
 2.ASI.Karamvir Singh                    Ist in 69 Kg Weight  
 3.HC.Amandeep Singh                    Participation in 85 Kg Weight  
 4.HC.Ranbir Singh                        Participation in 76 Kg Weight

WORLD POLICE & FIRE GAMES HELD AT INDIAN(U.S.A)  
 FROM 08.06.01 TO 16.06.01.

=====

- 1.SI.Gurwinder Singh                    Ist in 67 Kg Greco Roman  
                                                   Ist in 69 Kg Free Style  
 2.HC.Ranbir Singh                        2nd in 82 Kg Greco Roman  
                                                   2nd in 76 Kg Free Style

NATIONAL GAMES HELD AT JALANDHAR(PUNJAB) FROM 14.11.01 TO  
 01.12.01.

=====

FREE STYLE

=====

- 1.Ct.Rakesh                                3rd in 54 Kg Weight  
 2.HC.Om Bir                                Ist in 63 Kg Weight  
 3.Inspr.Mukesh Kumar                    Ist in 69 Kg Weight  
 4.ASI.Pawan Kumar                        Ist in 76 Kg Weight  
 5.CT.Sandeep Kumar                       2nd in 85 Kg Weight  
 6.ASI.Parminder Singh                    3rd in +97 Kg Weight

GRECO ROMAN

=====

- 1.CT.Sarup Singh                         3rd in 54 Kg Weight  
 2.ASI.Rajinder Singh                    Ist in 58 Kg Weight  
 3.SI.Gurwinder Singh                    Ist in 63 Kg Weight  
 4.ASI.Karambir Singh                    Ist in 69 Kg Weight  
 5.HC.Ranbir Singh                        Ist in 76 Kg Weight  
 6.SI.Davinder Singh                     Ist in 85 Kg Weight  
 7.ASI.Kirpal Singh                        2nd in +97 Kg Weight

FREE STYLE

=====

43RD SR.NATIONAL CHAMPIONSHIP HELD AT NEDANI(HARYANA) FROM  
 21.12.01 TO 25.12.01.

=====

- 1.CT.Rakesh Kumar                        6th in 54 Kg Weight  
 2.HC.Ombir Singh                        2nd in 63 Kg Weight  
 3.HC.Ram Phal                             4th in 69 Kg Weight  
 4.HC.Amandeep                            7th in 85 Kg Weight

5.HC.Harjit Singh 5th in 97 Kg Weight

GRECO ROMAN

=====

|                       |                      |
|-----------------------|----------------------|
| 1.CT.Mandeep          | 5th in 54 Kg Weight  |
| 2.SI.Gurwinder Singh  | Ist in 63 Kg Weight  |
| 3.CT.Sukhdeep Singh   | 2nd in 63 Kg Weight  |
| 4.ASI.Karambir Singh  | 2nd in 69 Kg Weight  |
| 5.CT.Gurwinder Singh  | 4th in 69 Kg Weight  |
| 7.HC.Ranbir Singh     | 10thin 76 Kg Weight  |
| 8.CT.Sikander Kumar   | 5th in 85 Kg Weight  |
| 9.CT.Harinder Singh   | 2nd in 97 Kg Weight  |
| 10.CT.Parvinder Singh | 8th in +97 Kg Weight |
| 12.SI.Gurwinder Singh | Ist in 63 Kg Weight  |

2002

=====

ALL INDIA POLICE GAMES HELD AT BHAWANI FROM 07.11.02



TO 10.11.02.

=====

|                          |                          |
|--------------------------|--------------------------|
| 1.HC.Rakesh Kumar        | 3rd in 55 Kg Weight      |
| 2.CT.Ravinder Singh      | Participation            |
| 3.HC.Gurinderjit Singh   | Participation            |
| 4.CT.Joginder Singh      | Participation            |
| 5.Inspr.Mukeah Kumar     | Participation            |
| 6.HC.Om Bir              | 2nd in 66 Kg Weight      |
| 7.CT.Rakesh Kumar        | Participation            |
| 8.CT.Jangbhadur Singh    | Participation            |
| 9.SI.Pawan Kumar         | Participation            |
| 10.ASI.Amandeep Singh    | 3rd in 84 Kg Weight      |
| 11.ASI.Sarwar Singh      | Ist in 96 Kg Weight      |
| 12.ASI.Parminder Singh   | Participation            |
| 13.Inspr.Palwinder Singh | Ist in 120 Kg Weight     |
| 14.ASI.Kirpal Singh      | Ist in 120 Kg Weight G/R |
| 15.SI.Karambir Singh     | Ist in 74 Kg Weight G/R  |
| 16.HC.Harinder Singh     | 2nd in 96 Kg Weight G/R  |
| 17.CT.Bhupinder Thakur   | 2nd in 60 Kg Weight G/R  |
| 18.ASI.Ranbir Singh      | 3rd in 74 Kg Weight G/R  |

NATIONAL GAMES HELD AT HYDERABAD FROM DEC.2002.

=====

|                            |                         |
|----------------------------|-------------------------|
| 1.HC.Rakesh Kumar          | 4th in 55 Kg Weight     |
| 2.On bir Singh             | 3rd in 66 Kg Weight     |
| 3.ASI.Amandeep Singh       | 2nd in 84 Kg Weight     |
| 4.ASI.Sarwar Singh         | Ist in 96 Kg Weight     |
| 5.Inspr.Palwinder Singh    | Ist in 120 Kg Weight    |
| 6.L/HC.Gursharanpreet Kaur | Ist in 72 Kg Weight     |
| 7.CT.Rakesh Kumar          | Participation           |
| 8.CT.Jai Pal               | Participation           |
| 9.CT.Baljit Singh          | Participation           |
| 10.CT.Rajinder Singh       | 3rd in 55 Kg Weight G/R |
| 11.ASI.Rajinder Singh      | 3rd in 60 Kg Weight G/R |
| 12.Inspr.Gurwinder Singh   | Ist in 66 Kg Weight G/R |
| 13.ASI.Ranbir Singh        | 2nd in 74 Kg Weight G/R |
| 14.ASI.Karambir Singh      | 3rd in 84 Kg Weight G/R |
| 15.CT.Parwindwer Singh     | 4th in 96 Kg Weight G/R |
| 16.SI.Davinder singh       | 2nd in 96 Kg Weight G/R |
| 17.HC.Harinder Singh       | Participation           |

COMMONWEALTH GAMES HELD AT MANCHESTER-2002

=====

|                         |                          |
|-------------------------|--------------------------|
| 1.Inspr.Palwinder Singh | Ist in 120 Kg Weight F/S |
|-------------------------|--------------------------|

Wrestling

=====

ASIAN GAMES HELD AT BUSAN-2002

=====

|                            |                          |
|----------------------------|--------------------------|
| 1.Inspr.Palwinder Singh    | 3rd in 120 Kg Weight F/S |
| 2.L/HC.Gursharanpreet Kaur | Participation            |

Wrestling

~~~~~

2003

=====

SENIOR NATIONAL CHAMPIONSHIP HELD AT RANCHI FORM 08.01.03 TO
12.01.03.

=====

1.1/HC.Gursharanpreet Kaur	Ist in 72 Kg Weight F/S
2.ASI.Sarwar Singh	Ist in 96 Kg Weight F/S
3.CT.Sukchanjit Singh	2nd in 60 Kg Weight F/S
4.HC.Ombir Singh	3rd in 66 Kg Weight F/S
5.ASI.Ranbir Singh	Ist in 74 Kg Weight G/R
6.ASI.Rajinder Singh	2nd in 60 Kg Weight G/R

7.Inspr.Gurwinder Singh	2nd in 66 Kg Weight G/R
8.HC.Rakesh Kumar	Participation
9.CT.Jangbhadur Singh	Participation
10.CT.Jai Pal	Participation
11.CT.Rajinder Kumar	Participation
12.CT.Rahot Kumar	Participation
13.HC.Skinder Ladhira	Participation
14.HC.Harinder Singh	Participation
15.CT.Parewindwer Singh	Participation

JUNIOR NATIONAL CHAMPIONSHIP HELD AT RANCHI FROM 19.05.03
TO 22.05.03.

=====

1.CT.Sukhchanjit Singh	2nd in 60 Kg Weight
2.CT.Sandeep Kumar	Participation

FEDERATION CUP HELD AT PUNE FROM 28.03.03 TO 01.04.03.

=====

1.SI.Pawan Kumar	3rd in 84 Kg Weight F/S
2.HC.Rakesh Kumar	3rd in 60 Kg Weight F/S
3.HC.Ram Phal	Participation
4.CT.Sunil Dutt	Participation
5.ASI.Sarwar Singh	Participation

COMMONWEALTH GAMES HELD AT CANADA FROM 05.07.03 TO
07.07.03.

=====

1.Inspr.Palwinder Singh	Ist in 120 Kg Weight F/S
2.ASI.Amandeep Singh	2nd in 84 Kg Weight F/S
3.L/HC.Gursharanpreet Kaur	2nd in 72 Kg Weight F/S

CANADA CUP HELD AT CANADA FORM 11.07.03 TO 13.07.03.

=====

1.Inspr.Palwinder Singh	Ist in 120 Kg Weight F/S
2.ASI.Amandeep Singh	2nd in 84 Kg Weight F/S

ASIAN CHAMPIONSHIP HELD AT DELHI FROM 05.05.03 TO 08.05.03.

=====

1.Inspr.Palwinder Singh	2nd in 120 Kg Weight F/S
2.Inspr.Gurwinder Singh	2nd in 66 Kg Weight
3.L/HC.Gursharanpreet Kaur	Participation

50TH SENIOR NATIONAL CHAMPIONSHIP HELD AT ORISSA FROM 3.12.03
TO 7.12.03.

=====

GRECO ROMAN

1.CT.Santokh Singh	2nd in 55 Kg Weight
2.C-II Rajinder Singh	Participation
3.C-II Saroop Singh	4th in 60 Kg Weight
4.Inspr.Gurwinder Singh	Ist in 66 Kg Weight
5.C-II Bhupinder Singh	3rd in 66 Kg Weight
6.C-II Sukhdeep Singh	Participation
7.ASI.Ranvir Singh	2nd in 74 Kg Weight
8.CT.Vikram Singh	Participation
9.HC.Sikender Ladhira	4th in 84 Kg Weight
10.HC.Harjinder Singh	2nd in 96 Kg Weight

11.CT.Parwinder Singh Participation
12.HC.Mandeep Kumar Coach

FREE STYLE

1.CT.Sunil Dutt 4th in 55 Kg Weight
2.C-II Sukchanjit Singh Participation
3.HC.Ram Phal 5th in 66 Kg Weight
4.C-II Jangbhadur Singh Participation
5.CT.Sandeep Singh 3rd in 84 Kg Weight
6.Inspr.Mukesh Kumar Coach

2004

ALL INDIA POLICE GAMES HELD AT BHOPAL FROM 12.03.04 TO 16.03.04

=====

(GRECO ROMAN)

=====

1.CT.Santokh Singh Participation in 55 Kg Weight
2.CT.Rohit Kumar 4th in in 55 Kg Weight
3.SI.Rajinder Singh 3rd in 60 Kg Weight
4.C-II Saroop Singh 2nd in 60 Kg Weight
5.C-II Bhupinder Thakur 3rd in 66 Kg Weight
6.CT.Gurbir Singh Participation in 66 Kg Weight
7.ASI.Ranbir Singh Ist in 74 Kg Weight
8.CT.Vikram Sharma Participation in 74 Kg Weight
9.HC.Skinder Lahir Ist in 84 Kg Weight
10.SI.Karambir Singh Participation in 84 Kg Weight
11.HC.Harwinder Singh Participation in 96 Kg Weight
12.CT.Gurbir Singh Participation in 96 Kg Weight
13.CT.Parwinder Singh Participation in 120 Kg Weight
14.CT.Harcharan Singh 3rd in 120 Kg Weight
15.Inspr.Jagjit Singh Coach
16.HC.Mandeep Singh Asstt.Coach

FREE STYLE

1.CT.Sunil Dutt Participation in 55 Kg Weight
2.HC.Rakesh Kumar Ist in 55 Kg Weight
3.C-II Sukhchanjit Singh 2nd in 60 Kg Weight
4.CT.Joginder Singh 3rd in 60 Kg Weight
5.HC.Ombir Singh Ist in 66 Kg Weight
6.HC.Ram Phal Participation in 66 Kg Weight
7.CT.Hardeep Kumar 5th in 74 Kg Weight
8.CT.Rakesh Kumar Participation in 74 Kg Weight
9.CT.Sukhraj Singh 5th in 84 Kg Weight
10.CT.Sandeep Kumar 6th in 84 Kg Weight
11.HC.Harwinder Singh Ist in 96 Kg Weight
12.ASI.Amandeep Singh Participation in 96 Kg Weight
13.ASI.Parminder Singh 6th in 120 Kg Weight
14.Sh.Palwinder Singh,DSP Ist in 120 Kg Weight

TEAM CHAMPIONSHIP

PUNJAB POLICE WINNER WITH 61 POINTS

(GRECO ROMAN)

2nd

(FREE STYLE)

IST

FEDERATION CUP HELD AT MAHARASHTRA FROM 17.03.04 TO 21.03.04

=====

1.CT.Rohit Kumar	4th in 55 Kg Weight
2.SI.Rajinder Singh	Ist in 60 Kg Weight
3.CT.Gurwinder Singh	Ist in 66 Kg Weight
4.ASI.Ranbir Singh	2nd in 74 Kg Weight
5.SI.Karamvir Singh	Participation in 84 Kg Weight
6.CT.Gurbir Singh	4th in 96 Kg Weight
7.CT.Parwinder Singh	3rd in 120 Kg Weight

FREE STYLE

=====

1.CT.Sunil Dutt	3rd in 55 Kg Weight
2.HC.Rakesh Kumar	Participation
3.HC.Om Bir Singh	3rd in 66 Kg Weight
4.CT.Rakesh Kumar	2nd in 74 Kg Weight

SENIOR ASIAN CHAMPIONSHIP HELD AT TEHRAN(IRAN)FROM 16.04.04 TO 18.04.04.

=====

1. Sh.Palwinder Singh Cheema 2nd in 120 Kg Weight F/S

ALL INDIA PLICE GAMES HELD AT BHOPAL FROM 12.03.04 TO 16.03.04

(GRECO ROMAN)

2nd

(FREE STYLE)

IST

FEDERATION CUP HELD AT MAHARASHTRA FROM 17.03.04 TO 21.03.04.

=====

1.CT.Rohit Kumar	4th in 55 Kg Weight
2.SI.Rajinder Singh	Ist in 60 Kg Weight
3.CT.Gurwinder Singh	Ist in 66 Kg Weight
4.ASI.Ranbir Singh	2nd in 74 Kg Weight
5.SI.Karamvir Singh	Participation in 84 Kg Weight
6.CT.Gurbir Singh	4th in 96 Kg Weight
7.CT.Parwinder Singh	3rd in 120 Kg Weight

FREE STYLE

=====

1.CT.Sunil Dutt	3rd in 55 Kg Weight
2.HC.Rakesh Kumar	Participation
3.HC.Om Bir Singh	3rd in 66 Kg Weight
4.CT.Rakesh Kumar	2nd in 74 Kg Weight

SENIOR ASIAN CHAMPIONSHIP HELD AT TEHRAN(IRAN) FROM 16.04.04 TO 18.04.04.

=====

1.Sh.Palwinder Singh Cheema,PPS 2nd in 120 Kg Weight F/S

INTERNATIONAL TROFEO MILONE CUP HELD ITALY-2004

=====

1.CT.Santokh Singh 2nd in Greco Roman

SENIOR ASIA CHAMPIONSHIP HELD AT KAZAKISTAN-2004

=====

1.C-II.Bhupinder Thakur 5th in Greco Roman

INTERNATIONAL TURKEY CUP HELD AT -TURKEE-2004.

=====

1.CT.Harcharan Singh Participation

ALL INDIA POLICE GAMES HELD AT JALANDHAR FROM 05.10.04
TO 09.10.04.

=====

(GRECO ROMAN)

1.CT.Santokh Singh	Ist in	55 Kg Weight
2.Inspr.Gurwinder Singh	Ist in	66 Kg Weight
3.CT.Vikram Sharma	Ist in	74 Kg Weight
4.C-II.Parminder Singh	Ist in	120 Kg Weight
5.CT.Rohit Kumar	2nd in	55 Kg Weight
6.CT.Gurwinder Singh	2nd in	66 Kg Weight
7.CT.Prambir Sohndhi	2nd in	84 Kg Weight
8.C-II.Ranbir Singh	3rd in	74 Kg Weight
9.CT.Gurbir Singh	3rd in	96 Kg Weight
10.C-II.Sroop Singh	4th in	60 Kg Weight
11.CT.Harcharan Singh	4th in	120 Kg Weight
12.CT.Om Parkesh	Participation in	60 Kg Weight
13.C-II.Sikander Ladhir	Participation in	84 Kg Weight
14.C-II.Harinder Singh	Participation in	96 Kg Weight

Team Championship with 64 Points

(FREE STYLE)

1.C-II.Ramphal	Ist in	66 Kg Weight
2.C-II.Amandeep Sondhi	Ist in	84 Kg Weight
3.C-II.Sarwar Singh	Ist in	96 Kg Weight
4.Inspr.Palwinder Singh	Ist in	120 Kg Weight
5.CT.Sukhchanjit Singh	2nd in	62 Kg Weight
6.C-II.Ombir Singh	2nd in	66 Kg Weight
7.CT.Rakesh Kumar	2nd in	74 Kg Weight
8.CT.Sunil Dutt	3rd in	55 Kg Weight
9.CT.Sukhraj Singh	3rd in	74 Kg Weight
10.CT.Jang Bahadur Singh	3rd in	84 Kg Weight
11.C-II.Harwinder Singh	3rd in	96 Kg Weight

Team Championship with 66 Points

1ST INDO-PAK PUNJAB GAMES HELD AT PATIALA FROM 05.12.04
TO 11.12.04

=====

1. CT.Rohit Kumar 1st in 55 Kg Weight

- | | |
|--------------------------------------|----------------------|
| 2. CT.Santokh Singh | 2nd in 55 Kg Weight |
| 3. C-II.Sukhcainjit Singh | 1st in 60 Kg Weight |
| 4. Inspr.Gurwinder Singh | 1st in 66 Kg Weight |
| 5. C-II.Bhupinder Thaukur | 2nd in 66 Kg Weight |
| 6. CT.Hardeep Singh | 2nd in 74 Kg Weight |
| 7. C-II.Amandeep Sondhi | 1st in 84 Kg Weight |
| 8. CT.Sukhraj Singh | 3rd in 84 Kg Weight |
| 9. HC.Harwinder Singh | 2nd in 96 Kg Weight |
| 10. Sh.Palwinder Singh,PPS
Chemma | 1st in +96 Kg Weight |

WRESTLING

2005

International Tournament held at U.S.A
from 02.02.2005 to 04.02.2005

L/HC Gursharanpreet Kaur Participant

World Police & fire Games held at Quebec City (Canada)
from 26.06.05 to 05.07.05.

- =====
- | | |
|---------------------|-----------------------|
| 1. Ct.Santokh Singh | 1st in 63 Kg Wt.(G/R) |
| | 2nd in 63 Kg Wt.(F/S) |

Common Wealth Championship-2005 held at South Africa.
=====

- | | |
|--------------------------|-----|
| 1. Inspr.Gurbinder Singh | 1st |
|--------------------------|-----|

All India Baba Panj Phir Tournament held at Jalandhar
from 21.10.05 to 23.10.05.
=====

- | | |
|-----------------------|-----------------------|
| 1. ASI Amandeep Singh | 1st in 90 Kg Wt.(F/S) |
| 2. C-II Ombir Singh | 2nd in 70 Kg Wt.(F/S) |
| 3. Ct. Hardeep Kumar | 3rd in 80 Kg Wt.(F/S) |
| 4. Ct. Rakesh Kumar | 4th in 80 Kg Wt.(F/S) |

WRESTLING (GRECO ROMAN & FREE STYLE)

~~~~~  
54th All India Police Games-2005 held at New Delhi  
From 19.12.2005 TO 23.12.2005.  
-----

- |                          |                      |
|--------------------------|----------------------|
| 1.C-II.Rakesh Kumar      | 3rd in 55 Kg Weight. |
| 2.Ct.Sunil Dutt          | Participation        |
| 3.Ct.Sukhchainjit Singh  | Participation        |
| 4.Ct.Joginder Singh      | Participation        |
| 5.C-II.Ombir Singh       | 1st in 66 Kg Weight. |
| 6.C-II.Ram Phal          | Participation        |
| 7.Ct.Rakesh Kumar        | Participation        |
| 8.Ct.Hardeep Kumar       | Participation        |
| 9.Ct.Sukhraj Singh       | Participation        |
| 10.Ct.Jang Bahadur Singh | Participation        |

|                                 |                       |
|---------------------------------|-----------------------|
| 11.ASI.Amandeep Singh           | Participation         |
| 12.C-II.Sarwar Singh            | 3rd in 96 Kg Weight.  |
| 13.Inspr.Palwinder Singh Cheema | 1st in 120 Kg Weight. |
| 14.C-II.Parminder Singh         | 3rd in 120 Kg Weight. |
| 15.Inspr.Jagjit Singh           | As a Chief Coach.     |
| 16.HC.Davinder Singh            | As a Coach.           |
| 17.Ct.Sham Lal                  | As a A/Coach.         |

Team Secured 2nd Position.

Greco Roman

=====

|                         |                      |
|-------------------------|----------------------|
| 1.Ct.Om Parkash         | 5th in 60 Kg Weight. |
| 2.Ct.Rajinder Singh     | 6th in 60 Kg Weight. |
| 3.Ct.Rohit Kumar        | 5th in 55 Kg Weight. |
| 4.Ct.Sukhjit Singh      | Participation        |
| 5.Inspr.Gurbinder Singh | 1st in 66 Kg Weight. |
| 6.Ct.Gurbinder Singh    | 6th in 66 Kg Weight. |
| 7.ASI.Ranbir Singh      | 1st in 74 Kg Weight. |
| 8.Ct.Bhupinder Singh    | Participation        |
| 9.C-II.Sikander Lahir   | 2nd in 84 Kg Weight. |
| 10.Ct.Vikram Sharma     | 5th in 84 Kg Weight. |
| 11.Ct.Harinder Singh    | Participation        |
| 12.Ct.Harcharan Singh   | Participation        |
| 13.Ct.Parwinder Singh   | 5th in 96 Kg Weight. |
| 14.Ct.Sandeep Singh     | Participation        |
| 15.Inspr.Jagjit Singh   | As a Chief Coach.    |
| 16.C-II.Mandeep Kumar   | As a Coach           |
| 17.Ct.Pawan Kumar       | As a A/Coach.        |

Team Secured 4th Position

2006

====

All India Mahabharat Wrestling tournament held at Hakimpur  
(Nawanshehar) from 09.02.06 to 12.02.06

=====

|                             |                       |
|-----------------------------|-----------------------|
| 1. Inspr.Palwinder Singh    | 1st in 120 Kg Weight. |
| 2. ASI.Amandeep Singh       | 1st in 90 Kg Weight.  |
| 3. Ct.Rakesh Kumar          | 4th in 60 Kg Weight.  |
| 4. L/HC.Gursharanpreet Kaur | 2nd in +60 Kg Weight. |
| 5. L/Ct.Rajni Bhala         | 3rd in 60 Kg Weight.  |

17th All India Holla Mohala Tournament held at Jalandhar  
from 25.02.06 to 26.02.06

=====

|                        |                      |
|------------------------|----------------------|
| 1. Ct. Rohit Kumar     | 4th in 60 Kg Weight. |
| 2. Ct. Rakesh Kumar    | 3rd in 80 Kg Weight. |
| 3. Ct. Hardeep Kumar   | 4th in 80 Kg Weight. |
| 4. ASI Amandeep Sondhi | 1st in 90 Kg Weight. |

20th Bharat Kesri Wrestling Tournament held at Manahana  
(Hoshiarpur) from 10.03.06 to 13.03.06

=====

|                       |                      |
|-----------------------|----------------------|
| 1. ASI Amandeep Singh | 2nd in 90 Kg Weight. |
|-----------------------|----------------------|



2. Ct. Rakesh Kumar 3rd in 60 Kg Weight.
3. Ct. Hardeep Kumar 2nd in 80 Kg Weight.

Federation Cup held at Budlana (Maharashtra)  
from 04.03.06 to 08.03.06

- =====
1. Ct. Ombir Singh 1st in 74 Kg Weight.

Wrestling

=====

Senior National Wrestling Championship held at Nidani  
(Haryana) from 31.03.06 to 03.04.06

- =====
1. Inspr. Palwinder Singh Cheema 1st in 120 Kg Weight.

S.Gulzar Singh Gold Wrestling Cup held at Mohali  
from 04.04.06 to 05.04.06

- =====
1. Ct. Rakesh Kumar 2nd in 80 Kg Weight.
  2. Ct. Hardeep Singh 3rd in 80 Kg Weight.

All India Level Tournament held at Tarn-Taran  
from 12.06.06 to 14.06.06

- =====
1. Inspr. Palwinder Singh Cheema 1st in 120 Kg Weight.
  2. ASI Amandeep Singh Sondhi 1st in 84 Kg Weight.
  3. CT Sukhraj Singh 2nd in 84 Kg Weight.
  4. CT Ram Phal 3rd in 74 Kg Weight.
  5. CT Ombir Singh 4th in 74 Kg Weight.
  6. CT Rakesh Kumar 2nd in 65 Kg Weight.

Wrestling

~~~~~

Senior World Wrestling Championship held at
China from 24.09.06 to 27.09.06

- ~~~~~
1. Inspr. Gurbinder Singh Participation

Wrestling

=====

55th All India Police Games-2006 held at Jalandhar
From 09.10.2006 to 13.10.2006.

Greco Roman

=====

F/S Team Secured 1st Position.
Team Secured 1st Position.

- 1.Ct.Rohit Kumar 1st in 55 Kg Weight.
- 2.Ct.Amandeep 3rd in 55 Kg Weight
- 3.Ct.Om Parkash 2nd in 60 Kg Weight
- 4.Ct.Sroup Singh 3rd in 60 Kg Weight
- 5.Inspr.Gurwinder Singh 1st in 66 Kg Weight
- 6.Ct.Gurwinder Singh 3rd in 66 Kg Weight

7.ASI.Ranbir Singh	1st in 74 Kg Weight
8.Ct.Bhupinder Thaukur	3rd in 74 Kg Weight
9.Ct.Sikander Ladhira	1st in 84 Kg Weight
10.Ct.Bikram Sharma	3rd in 84 Kg Weight
11.Ct.Harinder Singh	1st in 96 Kg Weight
12.Ct.Parwinder Singh	3rd in 96 Kg Weight
13.Ct.Harcharan Singh	1st in 120 Kg Weight
14.SI.Azad Singh	2nd in 120 Kg Weight
15.Sh.Jagjit Singh,PPS DSP	Chief Coach
16.Ct.Sham Singh	Coach
17.Ct.Pawan Kumar	Coach

Team Secured 1st Position.

Free Style

=====

1.Ct.Rakesh Kumar	2nd in 55 Kg Weight.
2.Ct.Salim	3rd in 55 Kg Weight.
3.Ct.Sukhchainjit Singh	1st in 60 Kg Weight.
4.Ct.Rajbir Singh	3rd in 60 Kg Weight.
5.Ct.Ombir Singh	2nd in 66 Kg Weight.
6.Ct.Gurinderjit Singh	3rd in 66 Kg Weight.
7.Ct.Rakesh Kumar	2nd in 74 Kg Weight.
8.Ct.Hardeep Kumar	3rd in 74 Kg Weight.
9.Ct.Sukhraj Singh	2nd in 84 Kg Weight.
10.Ct.Jang Bahadur Singh	3rd in 84 Kg Weight.
11.ASI Amandeep Sondhi	1st in 96 Kg Weight.
12.Ct.Sarwar Singh	2nd in 96 Kg Weight.
13.Inspr. Palwinder Singh Cheema	1st in 120 Kg Weight.
14.Ct.Parminder Singh	2nd in 120 Kg Weight.
15.Sh.Jagjit Singh,PPS DSP	Chief Coach
16.ASI Davinder Singh	Coach
17.Ct.Mandeep Kumar	Coach

Team Secured 1st Position.

Wrestling (F/S)

~~~~~

51st Punjab Police Games-2006 held at 1st Position  
 Jalandhar from 04.12.06 to 08.12.06

~~~~~

1. Ct. Amandeep Kumar	1st in 55 Kg Weight
2. Ct. Sunil Dutt	1st in 60 Kg Weight
3. Ct. Joginder Singh	1st in 66 Kg Weight
4. C-II Ram Phal	1st in 74 Kg Weight
5. Ct. Sukhraj Singh	1st in 84 Kg Weight
6. Ct. Jang Bahadur Singh	1st in 96 Kg Weight
7. Ct. Ravinder Kumar	1st in 120 Kg Weight

Wresling (Greco Roman)

1st Position

~~~~~

55 Kg Weight

~~~~~

1. CT.Rohit Kumar	1st
2. CT.Salim	2nd
3. CT.Sukhjit Singh	3rd

60 Kg Weight

~~~~~

- |                      |     |
|----------------------|-----|
| 1. CT.Om Parkash     | 1st |
| 2. CT.Rajinder Singh | 2nd |

66 Kg Weight

~~~~~

- | | |
|-----------------------|-----|
| 1. CT.Sher Sikander | 1st |
| 2. CT.Gurwinder Singh | 2nd |

74 Kg Weight

~~~~~

- |                          |     |
|--------------------------|-----|
| 1. C-II.Bhupinder Thakur | 1st |
|--------------------------|-----|

84 Kg Weight

~~~~~

- | | |
|---------------------|-----|
| 1. CT.Vikram Sharma | 1st |
|---------------------|-----|

96 Kg Weight

~~~~~

- |                     |     |
|---------------------|-----|
| 1. CT.Gurbir Singh  | 1st |
| 2. CT.Sandeep Singh | 2nd |

120 Kg Weight

~~~~~

- | | |
|------------------------|-----|
| 1. CT.Somnath Singh | 1st |
| 2. C-II.Harinder Singh | 2nd |

Wrestling

15th Asian Games held at Doha (Qatar)

~~~~~

- |                                  |                       |
|----------------------------------|-----------------------|
| 1. Inspr. Palwinder Singh Cheema | 3rd in 120 Kg Weight. |
|----------------------------------|-----------------------|

Wrestling

~~~~~

33rd National Games held at Guwahati from
09.02.2007 to 18.02.2007.

~~~~~

Free Style

~~~~~

- | | |
|-----------------------------|--------------------------|
| 1. ASI.Amandeep Sondhi | 1st in 96 Kg Weight |
| 2. Ct.Sukhchainjit Singh | Participation |
| 3. Ct.Ombir Singh | 2nd in 66 Kg Weight |
| 4. Ct.Hardeep Kumar | 3rd in 74 Kg Weight |
| 5. Ct.Jang Bahadur Singh | 3rd in 84 Kg Weight |
| 6. Ct.Rakesh Kumar | Participation (From CHG) |
| 7. Ct.Mandeep Kumar | As a Coach |
| 8. Ct.Pawan Kumar | As a Coach |
| 9. L/HC.Gursharanpreet Kaur | Participation (From CHG) |

Greco Roman (From CHG)

~~~~~

- |                          |                     |
|--------------------------|---------------------|
| 1. Inspr.Gurbinder Singh | 1st in 66 Kg Weight |
| 2. Ct.Sikander Lahir     | 3rd in 84 Kg Weight |

Wrestling

18th All India Holla Mohalla Wrestling Tournament  
held at Jalandhar from 24.02.07 to 25.02.07

- |                          |                      |
|--------------------------|----------------------|
| 1. CT Sukhchainjit Singh | 1st in 60 Kg. Weight |
| 2. CT Rakesh Kumar       | 2nd in 60 Kg. Weight |
| 3. CT Om Parkash         | 2nd in 70 Kg. Weight |
| 4. CT Hardeep Kumar      | 1st in 80 Kg. Weight |
| 5. CT Rakesh Kumar       | 2nd in 80 Kg. Weight |
| 6. CT Sukhraj Singh      | 2nd in 90 Kg. Weight |
| 7. CT Jang Bahadur Singh | 4th in 90 Kg. Weight |

Wrestling

12th World Police & Fire Games-2007 held at Adelaide  
(South Australia) from 16.03.2007 to 25.03.2007

- |                                  |                            |
|----------------------------------|----------------------------|
| 1. Inspr. Palwinder Singh Cheema | 1st in 130 Kg Weight (G/R) |
|                                  | 1st in 130 Kg Weight (F/S) |
| 2. HC Harinder Singh             | 2nd in 130 Kg Weight (G/R) |
|                                  | 2nd in 130 Kg Weight (F/S) |
| 3. Ct. Rohit Kumar               | 2nd in 63 Kg Weight (G/R)  |
|                                  | 3rd in 63 Kg Weight (F/S)  |

Wrestling

Commonwealth Wrestling Championship-2007 held at Ontario  
(Canada) from 15.06.07 to 19.06.07.

- |                           |                     |
|---------------------------|---------------------|
| 1. Inspr. Gurbinder Singh | 1st in 66 Kg Weight |
|---------------------------|---------------------|

Senior Punjab Wrestling Championship held at Banga  
(Nawan Shaher) from 24.03.07 to 25.03.07.

- |                            |                     |
|----------------------------|---------------------|
| 1. Ct. Amandeep Kumar      | 3rd in 55 Kg Weight |
| 2. Ct. Salim               | 3rd in 55 Kg Weight |
| 3. C-II Rakesh Kumar       | 1st in 60 Kg Weight |
| 4. Ct. Rajveer Singh       | 3rd in 65 Kg Weight |
| 5. Ct. Rakesh Kumar        | 1st in 74 Kg Weight |
| 6. Ct. Hardeep Kumar       | 2nd in 74 Kg Weight |
| 7. C-II Jang Bahadur Singh | 2nd in 84 Kg Weight |

Team secured 1st position

Holla Mohalla Wrestling Tournament held at Anandpur Sahib  
from 03.03.07 to 04.03.07.

-----

- |                          |                      |
|--------------------------|----------------------|
| 1. CT Sukhchainjit Singh | 1st in 65 Kg Weight  |
| 2. CT Om Parkash         | 2nd in 65 Kg Weight  |
| 3. CT Rajbeer Singh      | 3rd in 65 Kg Weight  |
| 4. CT Joginder Singh     | 4th in 65 Kg Weight  |
| 5. CT Rakesh Kumar       | 1st in 80 Kg Weight  |
| 6. HC Ombir Singh        | 3rd in 80 Kg Weight  |
| 7. CT Hardeep Kumar      | 4th in 80 Kg Weight  |
| 8. CT Jang Bahadur Singh | 4th in +80 Kg Weight |

#### Wrestling

-----

Commonwealth Wrestling Championship-2007 held at Ontario  
(Canada) from 15.06.07 to 19.06.07.

-----

- |                           |                     |
|---------------------------|---------------------|
| 1. Inspr. Gurbinder Singh | 1st in 66 Kg Weight |
|---------------------------|---------------------|

#### Wrestling

-----

56th All India Police Games-2007 held at New Delhi  
from 22.11.07 to 26.11.07

~~~~~

Free Style

- | | |
|----------------------------------|----------------------|
| 1. Inspr. Palwinder Singh Cheema | 1st in 120 Kg Weight |
| 2. ASI Amandeep Sondhi | 1st in 96 Kg Weight |
| 3. C-II Sukhchainjit Singh | 3rd in 60 Kg Weight |
| 4. HC Ombir Singh | 3rd in 66 Kg Weight |
| 5. Ct. Sunil Dutt | Participation |
| 6. Ct. Amandeep Kumar | Participation |
| 7. C-II Rakesh Kumar | Participation |
| 8. Ct. Joginder Singh | Participation |
| 9. Ct. Rakesh Kumar | Participation |
| 10. Ct. Hardeep Kumar | Participation |
| 11. Ct. Sukhraj Singh | Participation |
| 12. Ct. Ravinder Kumar | Participation |
| 13. Ct. Sandeep Singh | Participation |
| 14. ASI Parminder Singh | Participation |
| 15. ASI Davinder Singh | Coach |
| 16. C-II Pawan Kumar | Coach |

Team secured 3rd position

Greco Roman

~~~~~

- |                      |                     |
|----------------------|---------------------|
| 1. Ct. Vikram Sharma | 1st in 84 Kg Weight |
| 2. C-II Saroop Singh | 2nd in 66 Kg Weight |

|                           |                     |
|---------------------------|---------------------|
| 3. Ct. Gurbinder Singh    | 2nd in 74 Kg Weight |
| 4. Inspr. Gurbinder Singh | 3rd in 66 Kg Weight |
| 5. ASI Ranbir Singh       | 3rd in 74 Kg Weight |
| 6. Ct. Gurbir Singh       | 3rd in 96 Kg Weight |
| 7. Ct. Rohit Kumar        | Participation       |
| 8. Ct. Saleem             | Participation       |
| 9. Ct. Om Parkash         | Participation       |
| 10. Ct. Rajinder Singh    | Participation       |
| 11. HC Sikander Lahir     | Participation       |
| 12. HC Harinder Singh     | Participation       |
| 13. Ct. Harcharan Singh   | Participation       |
| 14. Ct. Parwinder Singh   | Participation       |
| 15. HC Mandeep Kumar      | Coach               |

Team secured 2nd position

-----  
Senior National Championship held at Udaypur (Rajasthan) from  
15.12.2007 to 18.12.2007.

=====

|                          |                            |
|--------------------------|----------------------------|
| 1. Inspr.Gurbinder Singh | 1st in 66 Kg Weight (G/R)  |
| 2. Ct.Vikram Sharma      | 2nd in 84 Kg Weight (G/R)  |
| 3. Ct.Rohit Kumar        | 3rd in 55 Kg Weight (G/R)  |
| 4. Ct.Om Parkash         | 3rd in 60 Kg Weight (G/R)  |
| 5. Ct.Parwinder Singh    | 3rd in 120 Kg Weight (G/R) |
| 6. C-II.Saroop Singh     | Participation (G/R)        |
| 7. Ct.Gurbinder Singh    | Participation (G/R)        |
| 8. HC.Sikandar Lahir     | Participation (G/R)        |
| 9. HC.Harinder Singh     | Participation (G/R)        |
| 10. Ct.Gurbir Singh      | Participation (G/R)        |
| 11. Ct.Sandeep Singh     | Participation (G/R)        |
| 12. Ct.Joginder Singh    | Participation (F/S)        |
| 13. Ct.Rajbir Singh      | Participation (F/S)        |
| 14. Ct.Hardeep Kumar     | Participation (F/S)        |
| 15. ASI.Davinder Singh   | Coach                      |
| 16. HC.Mandeep Kumar     | Coach                      |
| 17. C-II.Pawan Kumar     | Coach                      |

Team Secured 2nd Position in G/R & F/S

2008

-----  
Wrestling

-----  
Asian Championship held at Korea from  
17.03.2008 to 22.03.2008.

=====

|                           |                           |
|---------------------------|---------------------------|
| 1. Inspr. Gurbinder Singh | 5th in 66 Kg Weight (G/R) |
|---------------------------|---------------------------|

Federation Cup held at Jamat Mal (Maharashtra)  
from 24.04.2008 to 27.04.2008

-----

|                    |                           |
|--------------------|---------------------------|
| 1. SI Ranbir Singh | 2nd in 74 Kg Weight (G/R) |
|--------------------|---------------------------|

- |                        |                            |
|------------------------|----------------------------|
| 2. HC Harinder Singh   | 3rd in 96 Kg Weight (G/R)  |
| 3. Ct. Parwinder Singh | 2nd in 120 Kg Weight (G/R) |
| 4. C-II Saroop Singh   | Participation              |
| 5. Ct. Vikram Sharma   | Participation              |
| 6. Ct. Hardeep Singh   | Participation              |
| 7. Ct. Joginder Singh  | Participation              |
| 8. Ct. Sukhraj Singh   | Participation              |
| 9. Ct. Ravinder Kumar  | Participation              |
| 10. HC Mandeep Kumar   | G/R Team 3rd as a Coach    |

Wrestling

-----  
 Junior Asia Championship held at Doha Qatar  
 from 04.07.08 to 06.07.08  
 -----

- |                      |                           |
|----------------------|---------------------------|
| 1. Ct. Hardeep Singh | 2nd in 60 Kg Weight (F/S) |
|----------------------|---------------------------|

Wrestling

-----  
 57th All India Police Games-2008 held at  
 Madhuban from 21.10.2008 to 25.10.2008  
 -----

(Greco Roman)

- |                           |                      |
|---------------------------|----------------------|
| 1. Inspr. Gurbinder Singh | 1st in 66 Kg Weight  |
| 2. Ct. Gurbinder Singh    | 1st in 74 Kg Weight  |
| 3. Ct. Bikram Singh       | 1st in 84 Kg Weight  |
| 4. SI Azad Singh          | 2nd in 120 Kg Weight |
| 5. HC Sikander Lahir      | 2nd in 84 Kg Weight  |
| 6. Ct. Saroop Singh       | 2nd in 66 Kg Weight  |
| 7. Ct. Rajinder Singh     | 3rd in 60 Kg Weight  |
| 8. Ct. Om Parkash         | 3rd in 60 Kg Weight  |
| 9. Ct. Parminder Singh    | 3rd in 96 Kg Weight  |

Team Secured 1st Position

(Free Style)

- |                               |                      |
|-------------------------------|----------------------|
| 1. Inspr. Palwinder S. Cheema | 1st in 120 Kg Weight |
| 2. ASI Amandeep Singh         | 1st in 96 Kg Weight  |
| 3. ASI Sarwar Singh           | 2nd in 120 Kg Weight |
| 4. Ct. Amandeep Kumar         | 3rd in 55 Kg Weight  |

Team Secured 3rd Position

Wrestling

-----  
 40th Pelado International Wrestling Tournament held at Cuba  
 from 08.02.2009 to 14.02.2009  
 -----

- |                             |                     |
|-----------------------------|---------------------|
| 1. Ct. Hardeep Singh        | 1st in 60 Kg Weight |
| 2. L/HC Gursharanpreet Kaur | 2nd in 72 Kg Weight |

Federation Cup held at Maharashtra from 19.06.09 to 22.06.09  
 -----

Greco Roman

-----

- |                        |                     |
|------------------------|---------------------|
| 1. Ct. Salim           | 3rd in 55 Kg Weight |
| 2. Ct. Parwinder Singh | 3rd in 96 Kg Weight |
| 3. Ct. Amandeep Kumar  | Participation       |
| 4. Ct. Om Parkash      | Participation       |

#### Free Style

- |                      |                     |
|----------------------|---------------------|
| 1. Ct. Sukhraj Singh | 2nd in 84 Kg Weight |
| 2. ASI Ombir Singh   | 3rd in 74 Kg Weight |
| 3. C-II Rakesh Kumar | Participation       |

#### Coach

- |                      |                   |
|----------------------|-------------------|
| 1. HC Mandeep Kumar  | As a Coach        |
| 2. Ct. Pardeep Kumar | As a Asstt. Coach |

13th World Police & Fire Games held at Vancouver (Canada)  
from 31.07.09 to 09.08.09

- |                       |                           |
|-----------------------|---------------------------|
| 1. ASI Amandeep Singh | 2nd in 96 Kg Weight (G/R) |
|                       | 3rd in 96 Kg Weight (F/S) |
| 2. Ct. Vikram Sharma  | 1st in 85 Kg Weight (G/R) |
|                       | 2nd in 85 Kg Weight (F/S) |
| 3. ASI Davinder Singh | As a Coach                |

Senior National Championship held at Madhya Pradesh  
from 08.10.2009 to 11.10.2009

#### Greco Roman

- |                           |                     |
|---------------------------|---------------------|
| 1. Inspr. Gurbinder Singh | 3rd in 66 Kg Weight |
| 2. SI Azad Singh          | Participation       |
| 3. SI Ranbir Singh        | Participation       |
| 4. HC Sikander Lahir      | Participation       |
| 5. Ct Amandeep Kumar      | Participation       |

#### Free Style

- |                             |                     |
|-----------------------------|---------------------|
| 1. L/HC Gursharanpreet Kaur | 1st in 72 Kg Weight |
| 2. Ct Ramvir                | 1st in 84 Kg Weight |
| 3. Inspr. Palwinder Singh   | Participation       |
| 4. Ct Sunil Dutt            | Participation       |
| 5. Ct Hardeep Singh         | Participation       |
| 6. C-II Sukhchanijit Singh  | Participation       |
| 7. Ct Hardeep Kumar         | Participation       |

#### Coaches

- |                         |
|-------------------------|
| 1. HC Mandeep Kumar     |
| 2. HC Sham Lal          |
| 3. HC Gurinderjit Singh |

Commonwealth Championship held at PAP Indoor Stadium,  
Jalandhar from 17.12.09 to 20.12.09



- 
1. Inspr. Gurbinder Singh 1st in 66 Kg Weight (G/R)
  2. Ct. Ramvir Singh 1st in 84 Kg Weight (F/S)
  3. L/HC Gursharanpreet Kaur Participation

#### Wrestling

~~~~~

58th All India Police Games-2009 held at Pune (Maharashtra)
from 06.04.2010 to 10.04.2010

Free Style

~~~~~

1. Inspr. Palwinder Singh 1st in 120 Kg Weight
2. Ct. Hardeep Singh 1st in 60 Kg Weight
3. SI Amandeep Sondhi 1st in 96 Kg Weight
4. Ct. Sukhraj Singh 3rd in 84 Kg Weight
5. Ct. Ramveer 3rd in 84 Kg Weight
6. Ct. Sunil Dutt Participation
7. C-II Sukhchainjit Singh Participation
8. Ct. Joginder Singh Participation
9. ASI Ombir Singh Participation
10. Ct. Rakesh Kumar Participation
11. SI Sarwar Singh Participation
12. Ct. Somnath Singh Participation
13. ASI Davinder Singh Team 3rd as a Chief Coach
14. HC Mandeep Kumar Team 3rd as a Coach

#### Greco Roman

~~~~~

1. Ct. Om Parkash 1st in 60 Kg Weight
2. Inspr. Gurbinder Singh 1st in 66 Kg Weight
3. HC Sikander Lahir 1st in 84 Kg Weight
4. Ct. Parwinder Singh 1st in 96 Kg Weight
5. SI Parminder Singh 1st in 120 Kg Weight
6. Ct. Bikram Sharma 2nd in 84 Kg Weight
7. SI Ranbir Singh 2nd in 74 Kg Weight
8. SI Azad Singh 3rd in 120 Kg Weight
9. Ct. Amandeep Kumar Participation
10. Ct. Saleem Participation
11. C-II Rajinder Singh Participation
12. C-II Saroop Singh Participation
13. Ct. Hardeep Kumar Participation
14. Ct. Ravinder Kumar Participation
15. ASI Davinder Singh Team 1st as a Chief Coach
16. HC Sham Lal Team 1st as a Coach
17. C-II Pawan Kumar Team 1st as a Coach

Wrestling

World Police & Fire Games-2013 held at
Belfast (U.K.) from 01.08.2013 to 10.08.2013

1. Ct. Surajveer Singh 3rd in 84 Kg Weight

Wrestling

~~~~~

Senior Asian Wrestling Championship held at Korea  
from 16.02.2012 to 19.02.2012

~~~~~

1. L/HC Gursharanpreet Kaur Participation

World Olympic Games Qualifier Wrestling Tournament
held at Taiyuan (China) from 27.04.12 to 29.04.12

~~~~~

1. L/HC Gursharanpreet Kaur 5th in 72 Kg Weight

Senior National Wrestling Championship held at Kolkata  
from 14.11.2013 to 17.11.2013

~~~~~

1. Ct.Pardeep Singh 3rd in 84 Kg Weight

2. Ct.Manohar Singh Participation

3. Ct.Jangdeep Singh Participation

5. Ct.Vikram Sharma Participation

6. Ct.Vishal Singh Participation

7. L/Ct. Beant Kaur Participation

Wrestling F/S

~~~~~

62nd All India Police Wrestling Cluster-2013  
held at Ranchi (Jharkhand) from 09.12.2013 to 13.12.2013

-----

1. Ct.Sunil Dutta 3rd in 55 Kg Weight

2. Ct.Vishal Singh 3rd in 66 Kg Weight

3. HC Sukhchainjit Singh 3rd in 66 Kg Weight

4. Ct.Hardeep Kumar 3rd in 74 Kg Weight

5. Ct.Pardeep Singh 1st in 84 Kg Weight

6. Ct.Jatinder Singh 3rd in 120 Kg Weight

#### Greco Roman

~~~~~

1. Ct.Manohar Singh 3rd in 55 Kg Weight

2. Ct.Rakesh Kumar 3rd in 74 Kg Weight

3. HC Vikram Sharma 3rd in 84 Kg Weight

4. SI Parminder Singh 1st in 120 Kg Weight

Women

~~~~~

1. L/Ct. Beant Kaur 2nd in 51 Kg Weight

2. L/Ct. Rajni Bhalla 2nd in 59 Kg Weight

3. L/Ct. Rajwinder Kaur 3rd in 63 Kg Weight

4. L/Ct. Amandeep Kaur 3rd in 57 Kg Weight

## Wrestling

-----  
63rd All India Police Wrestling Cluster-2014  
held at New Delhi from 01.03.2015 to 05.03.2015  
-----

### Greco Roman

|     |                    |                           |
|-----|--------------------|---------------------------|
| 1.  | CT Jangdeep Singh  | 1st in 66 Kg Weight       |
| 2.  | CT Sunny Bhopal    | 2nd in 75 Kg Weight       |
| 3.  | SI Parminder Singh | 2nd in 130 Kg Weight      |
| 4.  | CT Sandeep Singh   | 2nd in 85 Kg Weight       |
| 5.  | HC Bikram Sharma   | 3rd in 85 Kg Weight       |
| 6.  | CT Sandeep Arya    | 3rd in 98 Kg Weight       |
| 7.  | CT Salim           | Participation             |
| 8.  | CT Manohar Singh   | Participation             |
| 9.  | CT Om Parkash      | Participation             |
| 10. | HC Amandeep Kumar  | Participation             |
| 11. | HC Parwinder Singh | Participation             |
| 12. | HC Rakesh Kumar    | Participation             |
| 13. | CT Kulwant Rai     | Participation             |
| 14. | ASI Pawan Kumar    | Team 1st as a Coach       |
| 15. | HC Sham Lal        | Team 1st as a Coach       |
| 16. | Insp. Azad Singh   | Team 1st as a Chief Coach |

### Free Style

|     |                       |                           |
|-----|-----------------------|---------------------------|
| 1.  | CT Vishal Singh       | 1st in 70 Kg Weight       |
| 2.  | CT Pardeep Singh      | 1st in 84 Kg Weight       |
| 3.  | HC Sukhchainjit Singh | 3rd in 65 Kg Weight       |
| 4.  | CT Surajvir Singh     | 3rd in 84 Kg Weight       |
| 5.  | HC Hardeep Kumar      | Participation             |
| 6.  | CT Mandeep Singh      | Participation             |
| 7.  | CT Rajbir Singh       | Participation             |
| 8.  | HC Sunil Dutt         | Participation             |
| 9.  | CT Ajmer Singh        | Participation             |
| 10. | CT Ashwani Kumar      | Participation             |
| 11. | CT Jatinder Singh     | Participation             |
| 12. | CT Balbir Singh       | Participation             |
| 13. | CT Yoginder Singh     | Team 3rd as a Coach       |
| 14. | ASI Gurinderjit Singh | Team 3rd as a Coach       |
| 15. | Insp. Azad Singh      | Team 3rd as a Chief Coach |

### Women

|    |                           |                     |
|----|---------------------------|---------------------|
| 1. | L/ASI Gursharanpreet Kaur | 1st in 75 Kg Weight |
| 2. | L/CT Beant Kaur           | 2nd in 53 Kg Weight |
| 3. | L/CT Rajni Bhalla         | 2nd in 58 Kg Weight |
| 4. | L/CT Rajwinder Kaur       | 2nd in 63 Kg Weight |
| 5. | L/CT Randeep Kaur         | 3rd in 69 Kg Weight |
| 6. | L/CT Rupinder Kaur        | 3rd in 75 Kg Weight |
| 7. | L/CT Mandeep Kaur         | Participation       |
| 8. | ASI Mandeep Kumar         | As a Coach          |
| 9. | Insp. Azad Singh          | As a Chief Coach    |

**64<sup>TH</sup> ALL INDIA POLICE WRESTLING CULSTER-2015 AT MADHUBAN FROM 7<sup>TH</sup> TO 11<sup>TH</sup> DECEMBER- 2015**

**WRESTLING F/S (MEN)**

|             |                                |        |
|-------------|--------------------------------|--------|
| 1. -65 KG.  | CT RAJBIR SINGH NO. 80/01      | BRONZE |
| 2. -70 KG.  | CT VISHAL SINGH NO. 128/KHN    | BRONZE |
| 3. -74 KG.  | CT SANDEEP SINGH NO. 7-IRB/398 | BRONZE |
| 4. -86 KG.  | CT PARDEEP SINGH NO. 1319/SASN | SILVER |
|             | CT SURAJBIR SINGH NO. 1432/KPT | BRONZE |
| 5. -125 KG. | CT JATINDER SINGH NO. 748/JAL  | BRONZE |

**WRESTLING F/S (WOMEN)**

|            |                                    |        |
|------------|------------------------------------|--------|
| 1. -53 KG. | CT BEANT KAUR NO. 877/FDK          | BRONZE |
| 2. -55 KG. | CT PRIYA NO. 02/LDH                | BRONZE |
| 3. -58 KG. | CT RAJNI BHALLA NO. 80/02          | BRONZE |
| 4. -60 KG. | CT MANDEEP KAUR NO. 7-IRB/794      | BRONZE |
| 5. -63 KG. | CT RAJWINDER KAUR NO. 458/JAL      | BRONZE |
| 6. -75 KG. | ASI GURSHARANPREET KAUR NO. 617/TT | BRONZE |

**WRESTLING G/R (MEN)**

|             |                                    |        |
|-------------|------------------------------------|--------|
| 1. -59 KG.  | CT MANOHAR SINGH NO. 1297/LDH      | BRONZE |
| 2. -66 KG.  | CT YOUNGDEEP SINGH NO. 96/ASR (R)  | SILVER |
| 3. -71 KG.  | HC RAKESH KUMAR NO. 1623/SASN      | BRONZE |
| 4. -80 KG.  | CT SUNNY BHOPAL NO. 4-IRB/543      | SILVER |
| 5. -85 KG.  | CT SURAJBIR SINGH NO. 1432/KPT     | GOLD   |
|             | HC VIKRAM SHARMA NO. 3-CDO/161     | BRONZE |
| 6. -98 KG.  | CT SANDEEP SINGH ARYA NO. 1501/JAL | BRONZE |
| 7. -130 KG. | SI PARMINDER SINGH NO. 58/PAP      | SILVER |

**SENIOR NATIONAL WRESTLING CHAMPIONSHIP-2015 AT DELHI FROM 27<sup>TH</sup> TO 31<sup>TH</sup> DECEMBER- 2015**

**WRESTLING (MEN)**

|            |                         |               |
|------------|-------------------------|---------------|
| 1. -70 KG. | CT VISHAL SINGH 128/KHN | BRONZE        |
| 2. -66 KG  | CT YOUNGDEEP SINGH      | PARTICIPATION |
| 3. -86 KG  | CT PARDEEP SINGH        | PARTICIPATION |

**SHAHEED BHAGAT SINGH BOXING CHAMPIONSHIP**  
**FROM 14<sup>TH</sup> TO 19<sup>TH</sup> FEBRUARY- 2016**

1. Ct Manohar Singh                      Bronze Medal

**Junior Asian Wrestling Championship held at Philippines**  
**from 02.06.2016 to 05.06.2016**

1.     HC Vikram Sharma                      As a Coach